

USAGE GUIDELINES

DO NOT REFRIGERATE IONIC SEA MINERALS.

Recommended adult serving:
1/2 to 1 tsp. / day or as needed.

Ionic Sea Minerals are safe for kids! Children over 4 years of age may take them at a rate of 1 drop per every four pounds of body weight.

Dilute each drop in at least 1.5 oz. liquid. Children weighing 25 pounds or more can take 1/8 teaspoon for every 25 lbs., but less if this loosens bowel movements too much.

You may also give Ionic Sea Minerals to pets. Mix it in their drinking bowl at a rate of 1 drop for every three ounces of water or other liquid.

It can take a few days for your stomach to acclimate to the minerals; taking them on an empty stomach may result in nausea.

Everyone needs to find the amount that works best for them.

Ionic Sea Minerals can have a slightly bitter taste in their natural state. To mask the taste, we recommend adding them to juice, lemonade or chocolate milk.

NEVER DRINK IONIC SEA MINERALS WITHOUT DILUTING.

The statements contained on this handout have not been evaluated by the Food and Drug Administration. Max-Well products are not intended to diagnose, treat, cure or prevent any disease.



CONTACT US

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Offering Solutions
For Maximum Wellness
Max-Well is a subsidiary of AG-USA

MAX-WELL'S

Ionic Sea Minerals

Unleash the Goodness of the Sea!



MAX-WELL'S

Ionic

Sea Minerals

Nobel prize winner Linus Pauling said: "You can trace every disease, every illness and every sickness to a mineral deficiency."

**Shipping included in price
ON ALL MAX-WELL PRODUCTS!**

TOP POTENTIAL BENEFITS

May eliminate constipation and promote comfortable regularity.

Offers a natural and POWERFUL source of electrolytes!

Contains magnesium which is beneficial for bone health and blood oxidation.

WHAT ARE IONIC SEA MINERALS?

This Ionic Sea Minerals supplement is pure, concentrated ocean water, and nothing more. We take 100 gallons of pure Australian ocean water and evaporate it down to one gallon. In the evaporation process around 99% of the sodium precipitates out of the solution (solidifies). The liquid that is left is a very low-sodium, ultra-dense mineral and trace mineral solution.

POTENTIAL BENEFITS

- More stamina
- Stronger, firmer finger nails
- More oxygen to the lungs
- Increased energy
- Improvement of skin conditions
- Better sleep
- Improved digestion
- Improved focus and mental clarity
- Improvement of fungal and Candida problems
- Improvement in outlook
- Improved handling of stress

POSSIBLE SIDE EFFECTS

- A queasy stomach for the first few days, as your body adjusts. Taking a half dose for the first 3 days helps this.
- A time of detoxification during the first month of use, due in part to an increased efficiency of the liver.
- If you experience diarrhea, you will probably need to decrease the amount you are taking.
- If it upsets your stomach, you can dilute the product with more liquid or take with or after a meal.

CAUTION

Ionic Sea Minerals contain all the natural minerals found in the ocean, including a small amount of iodine.

If you are allergic to iodine, have kidney disease, or have Type 2 Diabetes, please only take Ionic Sea Minerals under the advisement of a doctor.

Unleash the Goodness of the Sea!