

# Max-Well™

Unleash the Goodness of the Sea!



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*The statements contained in this handout have not been evaluated by the Food and Drug Administration. Max-Well products are not intended to diagnose, treat, cure or prevent any disease.*

# The Story of Max-Well and Our Health

Dear Friend,

My name is Paul Schneider Jr. and I am the owner of Max-Well. I would like to take this opportunity to tell you about our line of nutritional supplements and skin cream and why I believe our sea mineral products will help enhance your health and the health of your family. Below is my personal journey into learning of the great benefits of sea minerals and sea vegetables. We also have a line of nourishing spa products that I think you will enjoy.

In 1999, my wife and I finished our 18 years of service as Baptist missionaries in Ghana, West Africa, and moved back to Michigan. In 2003, I started AG-USA and began selling agricultural products to farmers. In 2004, I read Dr. Maynard Murray's book [Sea Energy Agriculture](#) and became excited about the amazing health benefits that plants grown with sea minerals can bring to people. I started encouraging growers to use the sea mineral product we sold back then - Ocean Solution. As farmers used it, they told me how insect and disease pressure dropped, shelf life increased, and foods became much more flavorful. But nobody saw the yield increases I knew were possible. It was at that time that I began to pray for a sea mineral product that would be much less expensive and much more concentrated.

## **GroPal Sea Mineral Concentrate**

The Lord answered my prayer! In 2006, a friend told me about the Gerry Amena interview in the AcresUSA magazine. Within months I had become Gerry's USA distributor for GroPal. It was a much less expensive and much more concentrated sea mineral product! I started selling it and my customers started getting the yield increases spoken of by Dr. Murray.

## **My Dream**

Back around 2004, I had a dream. I was driving a school bus with five first-string basketball players with me. I was on my way to the town of Maxwell. The dream detailed a bit of my journey to Maxwell. Some of this dream has already been fulfilled. When I awoke, I asked the Lord, "What is Maxwell?" He spoke to me and said, "Maximum Wellness." It was at that point that God started giving me "solutions for maximum wellness." That is why I became so excited when, in 2006, Gerry Amena told me about the successes he had seen in supplementing the nutrition of AIDS patients. But the Lord told me it was not time for me to do anything with it. So, I did my best to sit on it (though I did offer the product for free to anyone I met living with HIV or those working with people with HIV).

Then in 2009, the Lord spoke to me again, saying it was time – to go for it with all my might. Immediately I started to meet individuals who were working overseas with people with HIV. I started raising money and then donating the product, and within a year I had sent Gerry's immune formula (SupaBoost) to 14 countries. Then, Pastor Jumba in Kenya offered to help me with a study. He and his wife ran a clinic and worked closely with government health officials in the Vihiga District.

## **Our Two Studies**

We started our first study in December 2010, in Kenya with 90 children who were very sick with AIDS. We gave half of them SupaBoost and the other half our Ionic Sea Minerals as a control. I wanted them to get the nutrition of the sea minerals, but believed it was the seven herbs in the immune formula that actually would help support their bodies as they dealt with AIDS. Three months later, I was quite surprised to learn that the 45 who received just the sea minerals did a tiny bit better in their improved CD4 count (a test for HIV) than those receiving SupaBoost (sea minerals with seven herbs). The sea minerals were the real key to improving their overall nutrition!

Although most of the kids had their health restored by the end of the study, nine of them were still battling for their lives. I went back to the Lord and said, "Lord, we need something to help these nine children as well." It was then that God led me to Scott Kennedy and SeaVeg. I sent over some SeaVeg, and for the next three months these nine kids took the sea minerals plus SeaVeg. By the end of this second three months, they were all functioning at a healthy level!

In 2013, I decided to do a second study, this time giving participants a product with five varieties of sea vegetables. There were 350 people in the study, two thirds of them children. I went over to Kenya to oversee the close of the study. Ninety percent of those tested had lost all AIDS symptoms by the end of the study. Ten percent still had symptoms, but they had things like Tuberculosis, which doesn't go away without medical treatment. The symptoms that disappeared were terrible rashes, ringworm, sores in the mouth and wasting (which is where persistent illness causes severe losses of fat and muscle).

I went from home to home out in the villages, interviewing those in the study who had been the worst off. I found that most of those who were interviewed had started losing their AIDS symptoms within a month of starting the supplement. Strength returned. Farmers returned to farming. Children were able to go back to school. People who were skin and bones were able to put on weight and became healthy!

### **Ocean Treasure**

Heavy metals can devastate the body. In 2010, when I first met Scott Kennedy, he told me that his sea vegetables did an even better job of detoxing the body from heavy metals than Chlorella. So, I stopped taking Chlorella and just took the sea vegetables. Eventually, I started formulating my own sea vegetable formula, Ocean Treasure. This consists of a proprietary blend of 9 sea vegetables and powdered Ionic Sea Minerals. It is an amazing product! I sent it to Kenya and Ivory Coast for evaluation. They said, "It works better in supporting the nutrition of our AIDS patients than either the Ionic Sea Minerals or the sea vegetables by themselves."

HIV is a virus. So is Ebola. When the Ebola outbreak came to Liberia, I sent some Ocean Treasure to a pastor friend of mine there. I thought, "If it helps diminish the impact of one virus, perhaps it will do the same with another." My friend took the Ocean Treasure to a quarantine camp where people came with Ebola symptoms. If their symptoms persisted, those in charge would send them to a treatment center. A couple of months later I spoke with the director of the quarantine camp. He said he gave the Ocean Treasure to everyone who came in. He said that within three days, every person returned home, symptom free. Amazing!

In March of 2020, I was listening to an audio of a US doctor interviewing a man in Italy where they were hit especially hard by Covid. Twenty-one minutes into the interview the man made an amazing statement. "We in Italy tend to have a lot of heavy metals and, of course, a virus can't replicate without heavy metals." Wow! The detoxification of metals promoted by sea vegetables may impede viral reproduction! Perhaps this is one of the reasons why Ocean Treasure seems to work so well to support us against viruses. Because viruses thrive in bodies with heavy metal toxicity, and the phytochemicals in sea vegetables promote detoxification, including sea vegetables in the diet may reduce the ability of viruses to replicate. Also, it has been shown that some of the sea vegetables in Ocean Treasure contain anti-viral properties. I have only come down with a viral infection once since I began taking sea vegetables in 2010. I do not even get the flu anymore!

Now, I am not making any claims that Ocean Treasure treats or cures anything. It simply supplies the body with amazing nutrients that help it do what it was designed to do.

I have listened to Dr. Richard Olree at AcresUSA conferences three different years. The last time I went, he offered his heavy metals test to those in attendance. I did the lab test, then had the phone consultation with him. He was totally amazed by my test results. "You must be one of the cleanest people in the world." During the 25-minute interview he commented five times that he couldn't get over just how clean my body was of heavy metals. "And you're 60 years old. Heavy metals tend to accumulate in the body with age."

But the nutrients in Ocean Treasure go far beyond just helping equip the body to resist viruses and detox from heavy metals. Dr. Maynard Murray found that when animals were fed food fertilized with sea minerals, it helped their bodies resist cancers and other diseases. In four capsules of Ocean Treasure, you are not only getting sea vegetables grown in the ocean where all 76 needed minerals are available, but you are also getting 1/10<sup>th</sup> a dose of Ionic Sea Minerals in powder form. So, you get the phytonutrients found in the sea vegetables AND you get a concentrated source of trace minerals!

We offer Ocean Treasure in scoopable powder form as well. One scoop is ¼ teaspoon and has the same amount of powder as is in two capsules of Ocean Treasure. If you or someone you know struggles with swallowing capsules, using the scoopable powder is an easy alternative. Also, since we save on production costs, we are passing along a significant savings to you!

### **Ionic Sea Minerals**

I started taking Ionic Sea Minerals in 2006. I got this product from Gerry Amena in Australia, and now I get it from his partner. I just wanted the wonderful health benefits of sea minerals spoken of by Dr. Maynard Murray. I got far more, because I discovered the benefit of sea minerals for my digestion! Ionic Sea Minerals contains magnesium, which pulls moisture into the colon, helping to expel stool. With these benefits of sea minerals, I was no longer constipated. This means those toxins contained in compacted feces in the colon – a problem for many of us – are no longer being absorbed back into my body! The sea minerals helped me to cleanse my colon, and now help keep it clean!

With the magnesium in Ionic Sea Minerals, you can support healthy digestion and elimination. I take a teaspoon a day, which, when purchased by the gallon, costs less than \$5 a month. Ionic Sea Minerals does have a bitter taste. When you first start taking it, it is really helpful to put the minerals into chocolate milk, grape juice or lemonade to mask the taste. After a month or two the body becomes acclimated and Ionic Sea Minerals can be taken in water. Every morning I put a teaspoon of the minerals into 16 oz. of water and don't notice any bitterness.

### **Ionic Sea Mineral Powder**

We have discovered a way for you to get the benefits of Ionic Sea Minerals without the strong taste! Ionic Sea Mineral Powder is available in capsules as well as in scoopable powder form.

### **SeaBoost Cream**

How about an amazing cream for the skin, one containing sea minerals? The ingredients in SeaBoost Cream deeply nourish the skin. It does a great job of moisturizing! I use it daily on my forehead, which tends to dry out and get bumps. It has reduced the bumps to nothing, reduced my age spots and keeps my forehead from getting dry. Because of its concentrated nature, even a small jar of SeaBoost Cream lasts quite a while – a little goes a long way!

### **Soothing Sea Soak**

Our original and herbal formulas of Soothing Sea Soak were created for a luxurious bath experience. Each variety contains a base blend of Dead Sea salt, Epsom salt, and Ionic Sea Minerals, and additional hand selected ingredients, chosen for the amazing benefits they can bring to the skin - benefits like hydration, helping to prevent premature aging of the skin, detoxing, promoting wound healing, tension relief, and so much more.

### **Whipped Rice & Coconut Scrub**

Our Whipped Rice & Coconut Scrub is a fabulous, all-natural exfoliator made with rice flour, soap butter, and coconut oil, all whipped together. It also includes, of course, our acclaimed Ionic Sea Minerals. Not only does the texture feel like whipped frosting, but the benefits of rice flour and Ionic Sea Minerals can assist in healing skin as well. Use our whipped scrub to clean, polish and rejuvenate your skin, nourishing it and bringing it back to a supple form!

## **How Much Does It Cost?**

Individual and case prices can be found inside the back cover of this book! Shipping to the US is already included in the prices. If you want to purchase any of these products, you can call with a card or just send a check and let us know what you would like. You can also order online ([www.Max-Well.net](http://www.Max-Well.net)).

## **Becoming a Max-Well Dealer**

Our goal at Max-Well is to help people become their healthiest selves. Because we believe the Max-Well products will improve the health of those who use them, we are trying to get them into the hands of as many people as possible. To do this, we need more dealers.

Becoming a Max-Well dealer is easy. Simply purchase products by the case at a largely discounted rate. Resell for a profit or keep the products for personal use! See the back cover of this document for a comparison of retail and dealer pricing. Whether you buy just one bottle, one jar or a case of Max-Well products, shipping is included in the price.

As a reminder, we currently have four health and wellness products, as well as a line of nourishing spa products:

- Ocean Treasure – Contains nine varieties of seaweed (4 red, 4 brown and 1 green) and some powdered Ionic Sea Minerals. The seaweeds are grown in a perfect mineral solution (ocean water) and contain hundreds of phytonutrients. These are a wonderful source of nutrition, plus the sea vegetables help to eliminate heavy metals from the body. Ocean Treasure is available in capsule form or in scoopable powder form.
- Ionic Sea Minerals – 100 gallons of pristine Australian ocean water evaporated down to about one gallon. This is a wonderful source of trace minerals that are no longer available in most of our foods.
- Ionic Sea Mineral Powder – Now available in capsule form or in scoopable powder form – no bitter taste!
- SeaBoost Cream – This has sea minerals plus an amazing array of other nutrients that are wonderful for the skin.
- Soothing Sea Soak – Escape into a calming bath with one of our Soothing Sea Soaks – our original milk and rice formula or one of our new herbal varieties! We borrowed from the wisdom of ancient royalty, bringing together Dead Sea salt, Epsom salt, our Ionic Sea Minerals and much more! These ingredients are known to bring relaxation and rejuvenation.
- Whipped Rice & Coconut Scrub - Offer your skin an all-natural cleanse with our Whipped Rice & Coconut Scrub. Our scrub contains rice flour, soap butter, coconut oil and Ionic Sea Minerals and can be used on your hands, face or other area of the skin that you want to smooth, moisturize and nourish. We offer a variety of scents so you can choose your favorite.

In this Max-Well information packet, we have included a LOT of information because we want you to know just how special our products are. Our hope is that this packet will provide you with all the information you need, whether you are using the products for yourself, or wish to share the benefits of Max-Well products with others (see the back cover for prices).

# Ocean Treasure

## Why It Is the Best, Period

**What's in it?** Some sea vegetation products on the market promote kelp and fucoidan and not much else. While those are amazing nutrients, Ocean Treasure contains those and so many more. In addition to kelp and fucoidan, Ocean Treasure has fucoxanthin and other glyconutrients, not to mention a complete spectrum of the necessary daily vitamins and minerals, plus thousands of phytochemicals. Even within a few weeks, taking Ocean Treasure each day could make quite a difference!!!

Ocean Treasure contains sea mineral powder and nine nutrient-dense sea vegetables that are grown in what is believed to be the perfect mineral environment - the ocean!

- Red Seaweeds: Irish Moss, Nori Yaki, Red Dulse, Laver
- Brown Seaweeds: Bladderwrack, Rockweed, Fingered Kelp, Alaria
- Green Seaweed: Sea Lettuce

### Amazing Potential Benefits of Select Seaweeds

- Fight Allergies
- Promote healthier skin
- Help lower cholesterol levels
- Relieve stomach discomfort
- Support liver functionality
- Fight free radicals
- Discourage blood clotting
- Promote healthy metabolism
- Stabilize blood sugar
- Inhibit uptake of heavy metals
- Remove toxins and heavy metals



Ocean Treasure is a 100% vegetable dietary supplement containing 9 edible and organic species of seaweed plus Ionic Sea Minerals.

All the minerals in sea vegetation are 10-20 times the organic density of any known land plant. Plus, vitamin D is synthesized naturally in the tissues of our sea plants, just as it is in human skin! Sea vegetation is the only type of plant in the world that synthesizes vitamin D in any appreciable amount, and the varieties in Ocean Treasure are particularly high in vitamin D. This is especially important in the winter when your skin gets less sunlight.

Sea plants can literally change your health. Sea vegetation has been acknowledged as a detoxifier and a balanced source of nutrients, and many cultures have believed that sea vegetation works as a miraculous healing agent. Ocean algae is the richest natural source of minerals, trace minerals *and rare earth minerals*.

Ocean Treasure feeds your cells with the most nutritionally-potent and mineral-rich family of plants on earth. The ingredients in Ocean Treasure provide hundreds of natural compounds which are free of synthetic toxins. Many of these natural compounds, though necessary, are missing from our processed food supply.

The US government has now increased its suggestion of fruit and vegetable intake from 3-5 servings per day to 5-13 servings per day. The land plants we are accustomed to eating, however, are not nearly as beneficial as sea plants. The seaweeds in Ocean Treasure contain a full spectrum of natural (photosynthetic) vitamins, trace minerals, lipids, plant sterols, amino acids, omega 3's and 6's, antioxidants, growth hormones, polyphenols, flavonoids and much more. They also contain the powerful phytonutrients fucoidan and laminarin, which are not found in land plants.

Our select seaweeds are up to 60 times more potent than any salad made from soil-grown vegetables, and contain hundreds of organic plant compounds known as phyto (plant) chemicals. These organic compounds are extremely necessary for proper cell health, but many are missing from our processed food supply.

### **Ocean Treasure Ingredients**

Sea minerals, Irish Moss, Nori Yaki, Red Dulse, Laver, Bladderwrack, Rockweed, Fingered Kelp, Alaria, Sea Lettuce. All of these ingredients are listed below, along with benefits they are renowned for.

Powdered Sea Minerals - though they are an amazing source of nutrition, the high calcium found in sea vegetables needs to be balanced out with magnesium. Ocean Treasure contains low sodium sea minerals which are high in magnesium and very low in calcium. Sea minerals and sea vegetables really do go together like peas and carrots.

Though sea vegetables do contain needed trace minerals, our sea mineral powder contains a much larger amount. We take 100 gallons of pure ocean water from Queensland, Australia and evaporate it down to one gallon, which we then flash dry to a powder. The result is a low-sodium, ultra-dense mineral and trace mineral solution. Ionic concentrated sea minerals are packed with all 76 naturally-occurring minerals found in ocean water. These minerals are micro-nutrients which have been known to help nourish the skin.

### **Red Seaweeds**

Irish Moss (*Chondrus crispus*) - exceptionally rich in nutrients and antioxidants, Irish moss is quickly gaining a reputation as the next big superfood. Rich in potassium chloride, Irish moss can work wonders for congestion and mucous and has anti-bacterial and anti-viral properties. It's also thought to be good for dry skin and for skin conditions ranging from eczema to psoriasis, making it a valued ingredient for lotions and moisturizers.

Nori Yaki (*Porphyra yezoensis*) - offers one of the broadest ranges of nutrients of any food, including many nutrients found in human blood! Nori nutrients include calcium, copper, iron, magnesium, manganese, phosphorus, potassium, selenium, zinc and then some! Nori can actually contain up to ten times more calcium than milk. Nori is packed full of vitamins, too. It offers vitamins A, B, C, D, E and K, as well as niacin, folic acid and taurine.

Red Dulse (*Palmaria palmata*) - contains significant levels of calcium and potassium which help your bones strengthen and become more resilient. Benefits of Red Dulse also include helping to lower your blood pressure, improving your eyesight and improving the health of your thyroid gland. It can work wonders for boosting the levels of anti-oxidants you're intaking and is a natural source of vitamin B12.

Laver (*Porphyra umbilicalis*) - is rich in iodine, which is essential for thyroid health. Like so many seaweeds, laver is renowned for its anti-cancer and anti-viral properties. It contains the following vitamins: calcium, choline, copper, folate, iron, magnesium, manganese, niacin, omega 3 & 6 fatty acids, vitamin A, vitamin C, vitamin E, vitamin K, vitamin B6, vitamin B12, pantothenic acid, phosphorus, potassium, riboflavin, selenium, sodium, thiamin and zinc.

### **Brown Seaweeds**

Bladderwrack (*Fucus vesiculosus*) - may help to keep body weight within a normal range and has been used to support a healthy endocrine system and to support healthy function of the thyroid gland in particular, due to its naturally rich iodine content.

Rockweed (*Ascophyllum nodosum*) - is rich in a wide range of minerals, vitamins, and a host of bioactive compounds. This includes fucoidan, a type of sulfated polysaccharide (complex sugar) that has been studied quite extensively and has shown properties such as anti-tumor, anti-inflammatory, immune-enhancing, anti-viral, and more.

Fingered Kelp (*Laminaria digitata*) - contains the complete spectrum of minerals needed by man, as they are contained in the ocean itself. It is also known for supporting the thyroid, supporting healthy weight, and helping to remedy liver congestion.



Alaria (*Alaria esculenta*) - is a significant source of calcium. It is rich in B-complex vitamins, vitamins A, C, and K and is also high in protein, iron, magnesium, iodine, sodium, chromium, zinc, phosphorus, potassium, and dietary fiber. It is rich in antioxidants, which makes it a powerful weapon against free radicals.

### **Green Seaweed**

Sea Lettuce (*Ulva lactuca*) - is remarkably high in iron, protein, iodine, manganese, vitamin B12, calcium, vitamins A, B, C and nickel, and is also high in dietary fiber.

### **Research on Sea Vegetables**

Research has proven that the waters of our oceans contain some of the richest known sources of mineral elements. Rain, erosion and rivers bring all the valuable minerals of the earth into the ocean, and sea plants absorb them.

These vast sources of nutrition may become much more important than any of us now realize. Land degradation, pollution and over farming has had a drastic effect on the soil. The fruits and vegetables we eat derive their vitamins and minerals from the soil. If the food grown on land can no longer give us all the nutrients that our bodies require and need, we must turn to the rich vegetation of the ocean.

It has always been accepted in Japan that eating sea vegetables like Nori and Alaria will prolong life. Now Japanese and other scientists have demonstrated that such assumptions are not so farfetched, given their proven ability to lower blood pressure and cholesterol, as well as thinning the blood.

## ***Ocean Treasure, a Great Source of Fucoxanthin***

As mentioned at the beginning of this paper, some sea vegetation products currently on the market promote kelp and fucoidan, which are amazing nutrients. Something that makes Ocean Treasure special is that it not only contains these nutrients, but also many glyconutrients, one of the key ones being fucoxanthin.

### **Why People Use Fucoxanthin**

#### Weight Loss

Fucoxanthin is being explored for weight loss. So far, only animal studies have been done. Japanese researchers have found that fucoxanthin (isolated from Alaria) promotes the loss of abdominal fat in obese mice and rats. Animals lost five to 10% of their body weight.

Although it's not fully understood how fucoxanthin works, it appears to target a protein called UCP1 that increases the rate at which abdominal fat is burned. Abdominal fat, also called white adipose tissue, is the kind of fat that surrounds our organs and is linked to heart disease and diabetes. Fucoxanthin also appears to stimulate the production of DHA, one of the omega-3 fatty acids found in fatty fish such as salmon.

Although it's promising and already a popular nutritional supplement, more research is needed to determine if fucoxanthin will work in the same way in humans. If it does prove to be effective, fucoxanthin could be developed into a diet pill for obesity.

#### Diabetes

Fucoxanthin has also been found in animal studies to decrease insulin and blood glucose levels. Researchers hypothesize that fucoxanthin's anti-diabetes effect may be because fucoxanthin appears to promote the formation of DHA (the omega-3 fatty acid found in fish oil). DHA is thought to increase insulin sensitivity, improve triglycerides and reduce LDL ("bad") cholesterol.

#### Cancer

Preliminary research in test tubes suggests that fucoxanthin may have anti-tumor effects. No studies have looked at whether this holds true in humans or if taken orally. It's far too early for fucoxanthin to be used as a complementary treatment for cancer.

## ***The Phytochemical Revolution - a Big Idea***

**Man's science tries to solve a huge jigsaw puzzle without having the box top**, the Big Picture (God). From the beginning, God created plants with consumption in mind. He carefully packaged these vital nutrients with other nutrients and phytochemicals (plant compounds) that would help them be absorbed and utilized to their fullest potential. It is difficult to digest and absorb some of these nutrients independently.

**As far as supplements go**, the accepted scientific agreement is that synthetic chemicals are the same as organic molecules to the body, at least "on paper." However, it has been observed that they simply are not absorbed as well. Why is that? When we supplement cholecalciferol (a form of Vitamin D), we do not add in any of the other plant components that help that vitamin go as far as it should! We are not missing "yellow synthetic powders" in our diet. We're missing the whole, complex nutritive compound found in nature. So, multi-vitamins, up to now, are truly multi-synthetics. Yet, phytochemicals come from photo (light) synthesis. Why does sea veg grow two feet or more per day, without a root? Probably, light synthesis. "Probably" because we need to wait for science to prove it conclusively, right?

**Now hundreds and thousands of phytochemicals** have been observed in plants, and they cannot all be synthesized and placed into a multi-vitamin. Obviously, there is a gap between nutrition as found in nature and as created in a lab. So we are told to eat more fruits and vegetables. Going from 3-4 servings a day, to 5-9 servings a day, to 9-13 (due to the increasing knowledge of phytochemicals). Not only can they not all be synthesized, even just trying to name them all is getting complicated. Mixed carotenoids (a whole spectrum of Pro Vitamin A phytocompounds), mixed tocopherols (phytocompounds surrounding Vitamin E), B-Complex, etc. are a few examples.

**While science has been useful in pointing out which nutrients are linked** to what health traits, the truth is we simply cannot synthesize the total picture in a laboratory, alone. In sixty years of nutrient supplements, every major disease has increased in the vitamin taking public. Where is the solution which creates NOT getting sick in the first place? But of course, we know the solution. God heals His creation with His creation. This is the phytochemical revolution. Why is it a revolution? *Because we will return/revolve to where we once were and know it for the first time. Health is found in superior nutrition, every single day. It is NOT found in synthetic "nourishment."*

**Using natural compounds to address symptoms or undesirable effects is still not the answer** to perfect health. Natural healers still treat the symptoms with herbs, and try to treat the disease, but not all diseases are treatable once there is onset. Degenerative disease is caused by doing without proper nutrition combined with increasing toxicity over a variable amount of time, depending on age, environment, stress, and genetics. Ocean Treasure addresses the cells themselves on both fronts (adding whole food nutrients and aiding in gentle detoxification) like nothing else can! We can say this because of the way it helps to alleviate the toxic burden, and provides a rich source of nutrients that helps each cell function according to its design. If your cells were a working wristwatch, what part of the watch could you do without? Which piece is more important? Using the analogy of a wristwatch, is the wristband more important than a little tiny spring inside? Is the big hand more important than a little tiny swivel rivet? Which one can you do without? Is calcium more important for making bone than the trace element boron, or vitamin C, or magnesium? On a car, is the engine more important than the lug nuts on the front tire? Not more expensive, but more important? So, it is the seemingly small things that count, and not necessarily the "most expensive." Ocean Treasure is economical yet has a large amount of phytochemicals per ounce.

## ***Ocean Treasure and Iodine***

Iodine is key to many functions in the body, including thyroid, breast, prostate and uterine health. Iodine is one of the “essential nutrients,” so named because our bodies cannot make them, we need to get them from dietary sources!

In his book, “Minerals for the Genetic Code,” Dr. Richard Olree talks about four minerals which are vital to human health and with which it would be wise to supplement. They are Magnesium, Selenium, Iodine and Yttrium.

Concerning Iodine, according to Dr. Olree, the minerals Chlorine, Bromine and Fluorine are all -1 in electron valence, and when Iodine is not readily available, these substitute for it, wreaking havoc in the human body.

But doesn't iodized salt provide for this need? The Iodine in iodized salt is in chemical form, and is only about 5% available to the body. In fact, most Americans are Iodine-deficient. The Iodine in Super Sea Veg is organic - it is attached to a carbon molecule, and therefore is 100% available to the body. Ocean Treasure is your BEST source for bio-available Iodine.

Try it for a month and see what a difference this world class supplement can make in your health.

### **Increase IQ with Vegetable Iodine**

*The most damaging effect of iodine deficiency is on the developing brain, and to a lesser degree, any brain.* Thyroid hormone is particularly important for myelination of the central nervous system, which is most active in the prenatal period and during fetal and early postnatal development. Numerous population studies have correlated an iodine-deficient diet with increased incidence of *mental retardation*. *A meta-analysis of 18 studies concluded that iodine deficiency alone lowered mean IQ scores by 13.5 points (Bleichrodt and Born, 1994).* Iodized salt is a special case. With only a few isolated exceptions, edible salt (sodium chloride) does not naturally contain iodine. Either potassium iodide or potassium iodate is laced into salt in 98% of U.S. households (only found in 3% of English households). Fifty to seventy percent of the iodide Americans ingest each day, is hidden in their food supply, not the salt shaker.

Unfortunately, in populations where iodized salt is widely consumed, we are seeing an *increase* in potential side effects such as hypothyroidism and hyperthyroidism. This has grown to now epidemic proportions since the 1930's, when supplementing salt with iodine began to be implemented more consistently. Women of all ages are seeing doctors for low thyroid and are often placed on powerful synthetic drugs for the rest of their lives. Once truly bio-available iodine is ingested daily, the thyroid sloughs off the pharmaceutical iodide and iodate, and our metabolism can be allowed to normalize. Many informed experts believe that the rising rate of obesity in this country can be traced back to this false iodine in the food supply.

In addition to these effects on the individual, iodine deficiency has adverse consequences for the community. A well-known expert states: “a drop of IODINE each day can be the difference between an idiot and an Einstein.” Cognitive impairment can cover a wide range, from mild blunting of intellect to more drastic difficulties, and a large part of the population may have some intellectual impairment. The mean IQ of the *deficient community is decreased by at least 13.5 IQ points, according to one review.* Individuals in these communities have lower educability and lower economic productivity, and the output of the whole community suffers. *Dramatic improvement typically occurs after appropriate addition of vegetable iodine*, as found in Ocean Treasure.

Other consequences of iodine deficiency are impaired reproductive outcome and increased childhood mortality. NOTE: There are 59 mcg of iodine in one capsule (or ½ a scoop) of Ocean Treasure. That means that 2 capsules (or 1 scoop) have only 0.119 mg of VEGETABLE iodine, so there is a good amount of iodine, but not too much like other sea vegetable products.

The Japanese ingest over 7.7 mgs of organic vegetable iodine EVERY DAY! Their IQ is 15 pts higher than Americans across their population. They have longer attention spans, better attention to detail, and they also enjoy the longest and healthiest life spans. They ingest 7-10 grams of whole sea plants each and every day. Could the daily consumption of sea vegetables and their brain-boosting effects be the reason?

# ***Synthetic Vs. Natural Vitamins***

By Dr. Ben Kim, [DrBenKim.com](http://DrBenKim.com)

Here are some facts that you won't find advertised on most of the vitamin supplements at your local vitamin store:

- The majority of commercial vitamin supplements are made up of synthetic vitamins.
- Synthetic vitamins do not perform the same functions in your body as vitamins found naturally in whole food.
- Many synthetic vitamins deplete your body of other nutrients and tax your kidneys before being excreted through your urine.

If you want a comprehensive understanding of what vitamins are and what they do in your body, it would be best to take a full course in biochemistry. Do you remember all of those molecular formulas and chemical reactions that you studied in your high school chemistry class? Biochemistry is really just an extension of chemistry, with an emphasis on the thousands of chemical reactions that occur in your body on a moment-to-moment basis.

Anyone who studies biochemistry learns that vitamins do not exist as single components that act on their own. Vitamins are made up of several different components: enzymes, co-enzymes, and co-factors that must work together to produce their intended biologic effects.

Vitamins that are found naturally in whole foods come with all of their necessary components. The majority of vitamins that are sold in pharmacies, grocery stores, and vitamin shops are synthetic vitamins, which are only isolated portions of the vitamins that occur naturally in food.

Clearly, it is best to get your vitamins from whole foods because whole foods provide complete vitamins rather than fractions of them. In many cases, whole foods also provide the minerals that are necessary for optimal vitamin activity. For example, sunflower seeds are an excellent whole food source of vitamin E and the mineral selenium, both of which need each other to offer their full health benefits.

How do you know if the vitamins on your kitchen counter are from whole foods or if they are synthetic? If the list of ingredients includes an actual vitamin like Vitamin C rather than an actual food that contains natural vitamin C like acerola cherry powder, you can bet that it is a synthetic vitamin.

If you choose to use nutritional supplements, it is in your best interest to use only those products that list actual foods as their ingredients rather than synthetic and isolated vitamins. While some synthetic and isolated vitamins have been shown to provide minimal health benefits, on the whole, most of them cause more harm than good and you are far better off spending your money on whole foods.

It is important to note that the principles in this article are just as relevant and applicable to minerals and mineral supplements.

## ***Frequently Asked Questions about Ocean Treasure***

### **Q: What is Ocean Treasure?**

A: Ocean Treasure is a blend of 9 seaweed species, plus powdered Ionic Sea Minerals.

### **Q: What are the benefits of Ocean Treasure?**

A: Most people's bodies are pH imbalanced and highly acidic, which causes a long list of ailments. Here is just a preview of what Ocean Treasure can help your body do. Sea vegetables feed the cells and blood; YOUR BODY does the rest; IT KNOWS HOW! Sea vegetables have been shown to:

- Promote the repair of carotid arteries, veins and heart tissue
- Diminish the risk of obesity and diabetes
- Promote a healthy metabolism
- Protect against free radical damage
- Diminish the risk of cholesterol plaque
- Promote healthy blood pressure
- Promote detoxification of heavy metals

### **Q: Why use Ocean Treasure?**

A: The solution for De-Generation or (Degenerative Disease), is RE-Generation. Your body heals itself with the organic materials you provide it, and we believe sea vegetables are the best dietary food in history.

Your cells regenerate themselves with nutrients provided by the food you eat. Americans are dying from nutritionally depleted diets. Supplementing daily with sea vegetation is the smartest thing Americans can do today for their cellular health. The raw materials (organic nutritional compounds) are so powerful, your cells are given what they need to *regenerate themselves, which promotes your body's ability to heal itself.*

Sea vegetables regenerate, and it's why the healthiest cultures that live the longest eat from the sea. The mother of all Plants is Macro Marine Algae. You don't have to eat much, just eat it every day and watch your cells wake up!

### **Q: Can children take Ocean Treasure?**

A: Absolutely. It is a wonderful source of minerals, many of which are extremely important to a growing child's proper development. The recommended serving is a capsule (or half a scoop) a day for children 6-12.

### **Q: Can pregnant or nursing mothers take Ocean Treasure?**

A: Although there are no ingredients in Ocean Treasure that are known to be harmful to pregnant or nursing mothers, we always recommend consulting with your physician or preferred practitioner before beginning any new supplement during pregnancy or lactation.

### **Q: Can Ocean Treasure be taken with other supplements, drugs or foods?**

A: Ocean Treasure is not an herbal supplement or medication, but a whole food supplement. As long as there are no allergies to specific ingredients or to iodine, there is no reason it can't be taken with other supplements, drugs or food. However, if you are taking prescription medications, it is always good to check with your primary health practitioner before beginning a new supplement regimen.

### **Q: Can Ocean Treasure replace vitamins?**

A: Ocean Treasure can replace a multi-vitamin. When Ocean treasure is taken, you should not need to take a multi-vitamin. But it is not a bad idea to take specific vitamins such as D, C, Zinc (zinc is a mineral), B-12 and B-complex.

**Q: When will I feel a difference? How will I know it's working?**

A: How long do you have to wait after eating a meal to know it's working? Ocean Treasure is not a drug and shouldn't be viewed as a pill that "makes you feel" something. True biological health is long term and sometimes subtle. One day you realize you feel better, think more clearly, sleep better, have more stamina, get fewer colds and are in a good mood more often. Usually in the first 30 days, subtle signs appear, and if you stay with it, you can expect more lasting benefits. The proof is in the pudding. Ocean Treasure will prove itself to anyone who gives it a chance. How about giving yourself a chance to be healthier than ever before. Order today!

**Q: How long does it take Ocean Treasure to begin removing heavy metals?**

A: The process begins the first day you start. Within months, we expect to see heavy metal levels go down.

**Q: Is Ocean Treasure like fish oil pills - when you swallow them you burp up the fishy taste?**

A: No, not usually. Ocean Treasure is vegetation, not oil from a fish. It is quickly absorbed in the stomach and used immediately. Still, if we take or eat anything with carbonated drinks, burping up the taste of the food is normal. Remember, the taste and smell of fish is from the sea vegetables they eat. You're just skipping the fish with Ocean Treasure. If you want the fantastic health benefits, you may have to get used to the organic smell coming from the active enzymes and living plant material in Ocean Treasure. Your cells don't care about taste and smell, but substance. Give them what they need, and you'll find you'll begin to develop a strange liking to the taste and smell of Ocean Treasure!

**Q: What is sea vegetation and what is its history?**

A: Seaweed is actually a nutritious and multi-talented vegetable, which has been used in many cultures, for a myriad of uses, for thousands of years. It is a type of algae.

Seaweed as a staple item of diet has been used in Japan and China since prehistoric times. In 600 BC, Sze Teu wrote in China, "Some algae are a delicacy fit for the most honored guests, even for the King himself." Some 21 species are used in everyday cookery in Japan, six of them since the 8th century. Seaweed accounts for some 10% of the Japanese diet and seaweed consumption reached an average of 3.5 kg per household in 1973, a 20% increase in 10 years.

The oldest book in Iceland, dating back to 961 B.C., includes detailed regulations about coastal property rights to be respected in the collection of sea vegetables.

There are records of sea plants being collected and eaten by the coastal populations of Northern Europe, as well as by the people around the Mediterranean and Aegean Seas.

Coastal Native American Indians, such as the Yupik and Inuit peoples, used sea vegetation for eating and healing throughout their history.

# Ionic Sea Minerals

## *In Liquid and Powder Form*

*Nobel prize winner Linus Pauling said:*

*“You can trace every disease, every illness and every sickness to a mineral deficiency.”*



### **What are Ionic Sea Minerals?**

Our Ionic Sea Minerals supplement is pure, concentrated ocean water, and nothing more. We take 100 gallons of pure Australian ocean water and evaporate it down to one gallon. In the evaporation process around 99% of the sodium precipitates out of the solution (solidifies). The liquid that is left is a very low-sodium, ultra-dense mineral and trace mineral solution.

### **What is Ionic Sea Mineral Powder?**

Ionic Sea Mineral Powder is a naturally harvested complete ocean mineral complex that is formulated to help you hydrate more efficiently, maintain fluid/electrolyte balance and to help you meet your mineral nutrient needs. It can be quite helpful for promoting healthy digestion and elimination, because of the high amount of magnesium, though it is not a medication or treatment. Consult your doctor to address persistent constipation.



Ionic Sea Mineral Powder is available in capsules as well as in scoopable powder form. If exposed to the air, this powder will draw in moisture and turn back into a liquid. Therefore, after each time you use it, screw the lid back onto the bottle/jar. Please do not remove the little silica packet until the product is gone; it is there to help keep moisture from building up.

The primary reason for making our sea minerals available in a powder form (in addition to the liquid form) is the taste. While Ionic Sea Minerals is a wonderful trace mineral product, some do not appreciate the bitter taste of the mineral liquid. Ionic Sea Mineral Powder is not bitter. It has a slight taste to it, almost like a soft water taste. This taste can be easily masked by scooping the powder into your favorite beverage, or bypassed altogether by taking the capsules.



The process of making Ionic Sea Mineral Powder costs more than the process of making liquid Ionic Sea Minerals. Because of that, most people who don't have a problem with the taste of Ionic Sea Minerals will take the liquid instead of the powder. I personally would much rather take the liquid, since the taste doesn't bother me. However, for my dad, who couldn't drink much at a time but could easily swallow capsules, the Ionic Sea Mineral Powder capsules are wonderful! The scoopable powder is even easier to use.

## Great Source of Electrolytes

Electrolytes are minerals contained in your blood and other body fluids that carry an electric charge. It is important for the balance of electrolytes in your body to be maintained, because they affect the amount of water in your body, blood pH, muscle action and nerve impulses. Electrolytes directly influence the activities of all major organs in the body. Without them, your heart, brain and every other organ would simply cease to function. You lose electrolytes when you sweat, and when you go to the bathroom.

Ionic Sea Minerals contain electrolytes! As the President of Max-Well, I have my own story of how Ionic Sea Minerals have helped me. It all started with a weekly volleyball game. Years ago, my wife and I were missionaries in West Africa, and every Friday I would play volleyball with the local Bible school students. Because of the heat, I would always get a headache that lasted well into the next day. My wife, a nurse, bought me some Oral Rehydration Salts. I would mix a pack into 2 quarts of water and drink it during volleyball. The salts made the headaches far less severe. After completing our time in Africa, we moved back to the States, where our yard required a lot of landscaping. This kind of work really made me sweat. After a few months I ran out of the rehydration salts I had brought back with me, so I drank Gatorade and Powerade. I found out that when I drank a lot of these, the taste got to me. Although these drinks helped reduce my headaches and leg cramps, they didn't take them away.

When I discovered Ionic Sea Minerals in 2006, everything changed. I started taking a teaspoon every morning, and my headaches disappeared. Now on hot days when I work hard and sweat hard, besides my daily dose, I mix two teaspoons of Ionic Sea Minerals into a 3-quart container of water. This also works great when I play tennis. On really hot days, I add in a teaspoon of sea salt to replace lost sodium. No more headaches or leg cramps due to dehydration! I have given it to friends, and they marvel at how it helps to prevent muscle cramps and supports their stamina. I'm confident that it can help you, too!

## Promote Healthy Elimination

A single teaspoon of Ionic Sea Minerals, or 4 powder capsules, contains 422 mg. of magnesium (60% magnesium chloride, 37% magnesium sulfate). Magnesium functions as a natural osmotic laxative. It pulls water into the colon.

- Increased water means moister stools, helping to make them soft and easy to pass.
- The extra water can create a needed pressure that helps to expel stool from the colon.
- Magnesium counters the tightening effect that calcium has on the colon, helping to restore normal bowel function.

## Other Benefits of Magnesium

- Magnesium has been shown beneficial for bone health and for the prevention of osteoporosis.
- It is also helpful for proper blood oxidation, which can mean a noted increase in energy.
- Magnesium relaxes the muscles and, when taken before bed, may help a person get to sleep.
- It may help prevent or remove calcium deposits in the joints, aiding with arthritis.
- It helps to balance out calcium, and may help to prevent or remove kidney stones and gallstones.

## After taking Ionic Sea Minerals, see if you notice any of the following:

More stamina	Stronger, firmer nails	More oxygen, less winded
Increased energy	Improvement of skin conditions	Better sleep/feeling more rested
Improved digestion	Improved focus and mental clarity	Improvement of fungal problems
Improved outlook	Improved stress response	

## Common Side Effects

- A queasy stomach for the first few days, as your body adjusts. Taking a half serving for the first 3 days helps this.
- A time of detoxification during the first month of use, due in part to an increased efficiency of the liver.
- If you experience diarrhea, you may need to decrease the amount you are taking.
- If it upsets your stomach, you can dilute the product with more liquid (liquid minerals only) or take it with or after a meal (capsules and powder).



## Caution

Ionic Sea Minerals contain all the natural minerals found in the ocean, including a small amount of **iodine**. If you are allergic to any mineral and make the decision to take Ionic Sea Minerals, please do so with caution, and at your own risk. If you have kidney disease, only take Ionic Sea Minerals under the advisement of a doctor. Healthy kidneys easily filter out excess magnesium not needed by the body. However, diseased kidneys may allow magnesium to accumulate in a person's system, causing a magnesium toxicity. Please note that kidney disease is one of the potential ailments caused by Type 2 Diabetes.

## Guidelines for Taking Max-Well Ionic Sea Minerals in Liquid Form

The magnesium and potassium in Ionic Sea Minerals make them taste bitter, but fortunately they don't leave much of an aftertaste. You can mix the minerals with grape or carrot juice, lemonade or chocolate milk to help mask the taste. The normal adult serving is 1 teaspoon a day. If you find the minerals hard to tolerate, try starting with a few drops a day and work up from there, monitoring to see if there is a reaction. Each person is different and needs to find the serving size that works for them. You might find that taking Ionic Sea Minerals two or three times a week is sufficient. Until your stomach is acclimated to the minerals, taking them on an empty stomach may result in nausea. ***NEVER take without diluting.*** For the first two or three days, consider taking only half a serving to allow your body time to adjust. You may also divide your serving, taking some in the morning and some in the evening. Another option is to carry a dropper bottle with you and add the minerals to whatever beverage you are drinking throughout the day. Ask us about our droppers!

Yes. Babies and children under 25 lbs. may take the Ionic Sea Minerals liquid at a rate of 1 drop per every four lbs. of body weight. For instance, a 36 lb. child would take 9 drops. Children weighing 25 lbs. or more can take 1/8 teaspoon of liquid for every 25 lbs. of body weight, but less if this loosens bowel movements too much. Remember to dilute the liquid according to the instructions on the label.

You may also give Ionic Sea Minerals to pets. Mix them in their drinking bowl at a rate of 1 drop for every three ounces of water or other liquid.

***Do Not*** refrigerate Ionic Sea Minerals. Store at room temperature. An 8 oz. bottle of Ionic Sea Minerals is generally a 45-day supply. They have at least a 5-year shelf life.

## Guidelines for Taking Max-Well Ionic Sea Mineral Powder

You might find that taking Ionic Sea Mineral Powder two or three times a week is sufficient. However, it is usually better to take it every day. You will get a daily dose of electrolytes and help support healthy digestion. Until your stomach is acclimated to the minerals, taking Ionic Sea Mineral Powder (especially on an empty stomach) may result in nausea, so it is a good idea to take it with food. For the first two or three days, consider taking a half serving to allow your body time to adjust. It is also important to drink at least 8 oz. of fluids (preferably water) with every 2 capsules, to keep your body from becoming dehydrated. When taking the scoopable powder, we would suggest using 16 oz. of water per scoop of powder.

Ionic Sea Mineral Powder capsules are safe for kids who are old enough to swallow pills. The suggested daily serving for children is 1 capsule for every 40 to 60 lbs. of body weight.

Babies and children under 25 lbs. may take the Ionic Sea Mineral Scoopable Powder at 1/64 tsp. per every four lbs. of body weight. Children weighing 25 lbs. or more can take 1/8 scoop (1/16 tsp.) of powder for every 25 lbs. of body weight, but less if this loosens bowel movements too much. Remember to dissolve the powder in liquid according to the instructions on the label.

## ***Hope for Constipation and Enjoying Daily Bowel Movements***

For many years I didn't know about the relationship between magnesium and healthy elimination. Unless a person is on some kind of juice or water fast where they eat very little, it is so helpful to have at least one bowel movement a day, and some people are suited for two or three.

For many years I only had one bowel movement every three or four days. Then when it was time for elimination, it was often painful, plus I developed a hemorrhoid from trying to force things to happen.

### **Why are regular bowel movements so important?**

The bowels are the body's number one means for eliminating toxins. When we don't have daily bowel movements, the body looks for other less desirable ways of getting rid of these toxins. Therefore, learning how to support healthy digestion and elimination is important.

### **Chronic Constipation is Unhealthy**

As constipation becomes chronic, the bowels become lined with decaying fecal matter, and it can become a real health issue.

First, this decay can be a source of infection.

Second, toxins get recirculated back into the body.

Third, a person's body tries to flush out this fecal matter that is caked to the walls of the colon. The result is watery diarrhea.

### **Possible Solutions for Constipation**

I have tried numerous things as I've looked into how to maintain healthy elimination. Here are a number of ideas that can be helpful.

- Exercise can help to get things moving.
- Probiotics can be helpful for digestive issues.
- Virgin coconut oil or MCT oil can help to soften stools. If you use this approach, use caution and start with a very small amount ( $\frac{1}{2}$  tsp-1 tsp); too much can cause loose stools when you are not acclimated to consuming MCT oil.
- The fiber in whole grain bread and other whole grain products can be very helpful. Fiber supplements are also good.
- Fruit and vegetables can help, as they are loaded with fiber. They are even healthier when loaded with trace minerals.
- Juicing vegetables can be helpful, especially juicing green leafy vegetables. Juicing is even more helpful if you use a juicer that keeps more of the pulp in the juice.

### **The Best Solution I've Found for Effective Elimination**

In his article, "Natural Constipation Relief Strategies," Dr. Mercola speaks of the harm that chronic use of laxatives, including natural laxatives like Senna or Cassia, can cause.

But Dr. Mercola does recommend regular use of a magnesium supplement. To quote him, "Aloe Vera and magnesium supplements can also be useful tools to speed up your bowel movements." He is so right!

In 2006 I started taking a teaspoon of Ionic Sea Minerals every evening as my mineral supplement, and with the magnesium I received from it, within a day I was having normal, daily bowel movements.

**CAUTION:** If you have kidney disease, only take Ionic Sea Minerals under the advice of your doctor. Healthy kidneys easily filter out extra magnesium not needed by the body. However, if your kidneys are not functioning properly, magnesium can accumulate in your system, and magnesium toxicity can occur.

## **A mineral supplement for digestive health?**

How is it that a mineral supplement can help keep your digestive system in good shape? As previously discussed, magnesium has multiple roles to play in our digestion and elimination. Ionic Sea Minerals contain 106% of the U.S. RDA of Magnesium in each teaspoon!

So, if you are searching for how to relieve sluggish digestion, that search may be over! Do you remember milk of magnesia? Magnesium is its active ingredient. It softens the stool and gives a gentle urge to go.

As stated above, Ionic Sea Minerals contain 106% of the U.S. recommended daily allowance of magnesium. The liquid only costs \$5 a month when purchased in the gallon size.

Additionally, Ionic Sea Minerals, in all three forms, is a mineral supplement that is designed to be taken daily. It supplies valuable trace minerals that most people are simply not getting enough of.

## **Four Painless Ways to Take Ionic Sea Minerals**

**FIRST, AS A SPORTS DRINK** - Every week when I play tennis, I use the liquid Ionic Sea Minerals in place of commercially available sports drinks. I put two teaspoons in a 3-quart juice container and fill it with water. You can also add some naturally sweetened, low glycemic lemonade mix (no harmful artificial sweeteners). Since the Ionic Sea Minerals are low in sodium, I also add about half a teaspoon of sea salt.

I have become accustomed to the taste and it does a great job keeping me hydrated. I even took some samples for my tennis buddies to try, and they all thought it tasted rather good, too. One of them started using Ionic Sea Minerals every time he plays to help prevent his muscles from cramping.

Concentrated sea minerals are the best electrolyte I know of, since ocean water contains magnesium, potassium, and all the trace minerals found in the ocean. Taking the Ionic Sea Mineral Powder is another way to get this electrolyte!

**SECOND, IN VEGETABLE JUICE** - I always put some of the liquid Ionic Sea Minerals into my fresh vegetable juice. I just add the minerals to 14 to 21 ounces of juice (my daily allotment), drink it before each meal, and don't even notice that the minerals are there.

Of course, many of the vegetables I use for juicing are chock full of nutrients. I harvest them myself from my vegetable garden. Can you believe it? Ionic Sea Minerals are also in our MycorrPlus, a micronutrient fertilizer for plants! The vegetables in my garden are super nutritious, because I feed them with MycorrPlus. My crops are healthier, more insect resistant, and taste great!

**THIRD, ADD SOME TO YOUR BEVERAGES THROUGHOUT THE DAY** - Max-Well has a 1.25 ounce dropper dispenser bottle that can be carried in a purse or computer bag. Whenever you drink something, it is so easy to add in a few drops of minerals. This actually enhances the taste of some drinks, and is a great way to take Ionic Sea Minerals.

**FOURTH, TAKE IONIC SEA MINERAL CAPSULES OR SCOOPABLE POWDER INSTEAD OF THE LIQUID** - If you can swallow small capsules, then taking our Ionic Sea Mineral Powder capsules is a simple and easy way to get your daily dose of Ionic Sea Minerals. Even easier – scoop some Ionic Sea Mineral Scoopable Powder into your favorite beverage. There is NO bitter taste!

Most Americans are constipated from time to time, and unfortunately for many, constipation is a daily struggle. I am so glad that I found such an easy way to keep my stools loose, and my bowels moving freely. No more straining, with the result that my hemorrhoid vanished as well! Perhaps you could use some of these minerals?

Don't wait. Get a bottle today and experience healthy elimination for yourself.

## ***Additional Incredible Benefits of Ionic Sea Minerals Liquid***

### **Hydration in Sports**

Hydration in sports is important. Through my experiences I have found what I believe to be THE answer to excellent hydration. As previously mentioned, I played tennis and volleyball in college. When we moved to Africa, I continued playing tennis and volleyball there. My need for hydration in sports became quite obvious. While I got relief from the Oral Rehydration Salts in Africa, I could not find the same kind of hydration support in the prepared sports drinks available for sale in the States. After I discovered Ionic Sea Minerals, I developed what I think of as the ideal sports drink recipe.

### **Here is Paul's hydration recipe:**

- 2 liters (or quarts) of filtered water
- Naturally sweetened, low glycemic lemonade mix
- 1 tsp. liquid Ionic Sea Minerals
- 1/3 tsp. sea salt

### **Athletic Performance**

One unexpected result of the Ionic Sea Minerals is the effect all those electrolytes have on hydration and athletic performance. I gave a bottle to a friend of mine who is into weight lifting. A couple of weeks later I asked him if he had seen any difference. He said that within a week he was doing DOUBLE the reps! While we cannot guarantee double reps to everyone who uses Ionic Sea Minerals, his marked improvement is impressive!

### **Magnesium**

The magnesium in Ionic Sea Minerals can contribute to improved stamina and increased energy! One teaspoon of Ionic Sea Minerals contains 106% of the US RDA for magnesium.

According to researchers, 80% of Americans don't get enough magnesium, which is needed for oxygen transfer in the blood. Magnesium is also useful for many other bodily functions.

**CAUTION:** If you have kidney disease, only take Ionic Sea Minerals under the advice of your doctor. Healthy kidneys easily filter out extra magnesium not needed by the body. However, if your kidneys are not functioning properly, magnesium can accumulate in your system and magnesium toxicity can occur.

### **Sizes Available**

Liquid Ionic Sea Minerals is available in an 8-ounce bottle at less than \$12 a month, a quart bottle for \$8 a month or in the gallon size for less than \$5 a month!

**Ingredients:** We take 100 gallons of ocean water and evaporate it down to 1 gallon. Pure concentrated ocean water.

It contains no other ingredients. In addition to the elements listed above, Ionic Sea Minerals contains the following in trace amounts that almost perfectly match the concentration of these minerals in our blood: Calcium, Carbonate, Bromide, Iodine, Rubidium, Scandium, Boron, Phosphorus, Nickel, Manganese, Chromium, Strontium, Cobalt, Zinc, Titanium, Lanthanum, Cerium, Barium, Copper, Iron, Silicon, Yttrium, Molybdenum, Tin, Gallium, Gold, Silver, Cesium, Beryllium, Selenium, Vanadium, Dysprosium, Holmium, Terbium, Praseodymium, Lutetium, Gadolinium, Samarium, Bismuth, Ytterbium, Erbium, Europium, Neodymium. Ionic Sea Minerals contains these plus the other minerals found in ocean water.

## **Electrolytes**

Electrolytes are minerals in your blood and other body fluids that carry an electric charge. It is important for the balance of electrolytes in your body to be maintained, because they affect the amount of water in your body, blood pH, muscle action and nerve impulses. Electrolytes directly influence the activities of all major organs in the body. Without them your heart, brain and every other organ would simply cease to function. You lose electrolytes when you sweat and when you go to the bathroom.

### **Are you losing more minerals than you can afford?**

During periods of physical exertion, large amounts of electrolytes can be lost in sweat. The least a person should do during this time is to drink plenty of water. Ideally, it is recommended that an electrolyte replacement be introduced at the same time. Which electrolytes do we lose when we sweat hard, or when a child is dehydrated due to diarrhea? It isn't just sodium, potassium and magnesium. Our blood contains 76 minerals, and we lose trace minerals as well as the macro minerals.

A good quality, well balanced Ocean Derived Mineral Supplement will assist the body in maintaining healthy electrolyte levels in one's bodily fluids. Ionic Sea Minerals is that supplement. It is pure, concentrated ocean water, and nothing more. We take 100 gallons of pure Australian ocean water and evaporate it down to one gallon. In the evaporation process around 99% of the sodium precipitates out of solution (solidifies). Although the liquid that is left contains good amounts of potassium and magnesium, it is very low in sodium. Magnesium and potassium are just two of the ultra-dense minerals and trace minerals that are in Ionic Sea Minerals. During evaporation, almost all the calcium and some potassium and magnesium also solidify and are left behind. You will need to get the extra of these through your food.

As I mentioned before, I believe Ionic Sea Minerals may be the best electrolyte available. That is because it contains almost the exact percentage of all 76 minerals that are in our blood, except for sodium chloride (table salt). So, just add a little table salt and you have a wonderful rehydration product.

My headaches that came from sweating hard disappeared. This didn't happen with any other electrolyte that I took. On hot days when I sweat a lot, I mix up 3 quarts of water with 2 tsp. of liquid Ionic Sea Minerals and a teaspoon of sea salt. This works very well, and I encourage you to try it. It can help to keep you hydrated on the hottest of days!

### **A Balancing Act**

A good balance of electrolytes is required for both young and old. Electrolytes (minerals) directly influence all biological processes of every living creature. They assist the body in extracting and processing vital nutrients.

Electrolytes fall under the classification of micronutrients. An imbalance in minerals, both macro (major minerals) and trace (minor minerals) will disrupt the levels of all other micronutrients, vitamins included.

Deficiencies of micronutrients have been recognized by the United Nations as a major cause of illness and death. They are now trying to address this through their micronutrient initiative. Ionic Sea Minerals is a mineral supplement that contains a full buffet of 76 trace minerals.

Ocean Treasure (our seaweed supplement) is a wonderful companion product to Ionic Sea Minerals. When plants are grown with the full buffet of minerals available to them, they produce hundreds of phytonutrients, making those foods like superfoods! The sea vegetables in Ocean Treasure also help the body to detox from heavy metals. See our literature on Ocean Treasure to learn more.

## Unlimited Potential

Mineral and other micronutrient deficiencies are now recognized as having a brain draining effect. They impede not only the growth and wellbeing of many millions of children and adults, but also disrupt a person's academic and productive potential. Just think of the potential that can be unlocked by giving your body the minerals and micronutrients it needs!

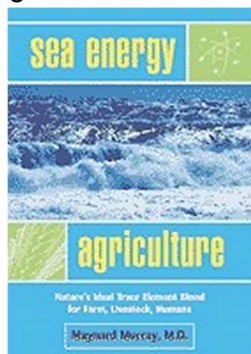
Why not get some Ionic Sea Minerals, either in liquid, scoopable powder, or powder capsule form, today?



## ***Dr. Maynard Murray's Experiments Using Sea Minerals***

Mice didn't get cancer when fed a diet grown with sea minerals!

For 30 years Dr. Murray experimented with growing foods with sea minerals. In his experiments we have listed below, you can see that female mice that were bred to induce breast cancer did not get cancer when fed a diet grown with sea minerals, while the control group of mice ALL got cancer and died within nine months. Also, in plants that were fertilized with the sea minerals, it was found that many which were exposed to disease did not get it, while the control group that was not given the minerals did.



The book [Sea Energy Agriculture](#) Nature's Ideal Trace Element Blend for Farm, Livestock, Humans, contains a report by Dr. Maynard Murray on the many years of research concerning the breakthrough concept of *fertilizing plants with sea minerals*.

If you are totally amazed, as I am, by the results of the following scientific experiments conducted by Dr. Murray, just imagine having the nutrition of sea minerals as a part of your diet! Call 1-800-355-5313 to order the book.

### **Animal Diseases**

#### ***Pg. 50 C3H Mice***

Mice were obtained for this feeding experiment. This strain of mice was bred so that all the females developed breast cancer, which caused their demise. The mice were two months of age when they were started on the feeding experiments. The life expectancy of this strain for females was no more than nine months which included the production of two or three litters. The experimental and control groups both consisted of 200 C3H mice. Those fed on control food were all dead within eight months, seven days.



The experimental mice that were fed food that was fertilized with sea solids lived until they were sacrificed at 16 months; definitive examination revealed no cancerous tissue. The experimental group produced 10 litters compared to the usual two or three litters, and none developed breast cancer.

#### ***Pg. 51 Sprague Dolly Rats***

Rats were obtained and were divided into groups of 25 control and 25 experimental. The control rats were fed controlled food while the experimental rats received the food fertilized with sea solids.

Both the control and experimental groups were injected with cancer (Jensen Carcino-Sarcoma) which has been shown to be a 100% killer. All of the rats fed on the control diet died of cancer within 21 days. Nine of the rats that were fed the experimental diet died of cancer within 40 days; the other sixteen lived for five months until they were sacrificed. There was no cancer found in these sixteen that were fed food grown with sea minerals.

#### ***Pg. 51 Rats with 2 Thymus Glands***

One hundred and twelve rats were fed for a six-week period on experimental food, which had been raised on soil fertilized with complete sea minerals. Then, half of the rats were sacrificed and the thymus gland was removed and implanted in the remaining 56 experimental rats. (The experimental group then contained the equivalence of a double thymus gland.) Jensen Carcinoma-Sarcoma was then injected in 56 control rats and 56 experimental rats with the result that all 56 control rats were dead within 23 days. Of the experimental rats, two apparently had a cancer "take" but it was absorbed and disappeared. Four of the 56 experimental rats died of cancer and the remaining 52 were sacrificed 90 days after their original cancer injection. No cancerous tissue was found in these 52 rats that were fed a diet grown with sea minerals.



Pg. 52 Rabbits, High Cholesterol Diet

Twenty-four rabbits were obtained. Twelve were designated experimental and fed on food grown with sea minerals, while the remaining twelve were labeled control and fed a similar diet that was not grown with sea minerals.

All the rabbits were given a high cholesterol diet for six months, which produces hardening of the arteries. Those in the control group all died within 10 months. Those in the group that were fed the diet grown with sea minerals continued to live. They did not exhibit hardening of the arteries.



Pg. 52 Rats, Disease of the Eye

A breed of rats that developed a disease of the eye were obtained. The 10 that were fed a diet grown with sea minerals showed no deterioration of the eyes, and bred five litters. Those on the control diet all died secondarily of eye disease.

Pg. 52 Pregnant Dairy Cows

A problem experienced by one dairyman, was that his newborn calves from pure-bred cattle, had difficulty standing in order to nurse when they were first born. They often had to be held for their first few nursings, and were often not uniform in size. However, when calves were born from cows which were given food grown with soil fertilized with sea solids, all of the calves were immediately able to stand up to nurse and were uniform in size.

Pg. 48 Chickens

One hundred and fifty-three New Hampshire chickens were fed corn and oats grown in soil fertilized with sea minerals. Another one hundred and fifty-three were fed the same mix of oats and corn that were grown on a control plot without sea minerals. The control group had worms, a nervous condition, and leg disjoints. The experimental group did not.

Pg. 49 Pigs

One sow and six pigs were raised on corn and oats grown on land fertilized with sea solids. They were unusually uniform in size, showed no tendency to "root," and were easily contained in a small fenced area. When they reached approximately 180 pounds, they were taken off this feed and given control corn and oats.

They immediately began excessive rooting and, by the end of the third day, they were extremely nervous and broke out of the pen on two occasions. On the fourth day they were put back on feed grown with sea solids and were calm by evening. Thereafter, they were easily contained in the pen and again, showed very little rooting tendency.



*Minerals do make a difference in our diets! Dr. Murray observed that "More than 100 million cases of chronic or long-running illness and disablement afflict U.S. citizens today... These statistics are even more alarming if we take into account less disabling diseases such as dermatosis, chronic migraine headache and dental disease... There is no excuse for 97% of Americans having some kind of chronic dental disease."*

*You don't have to eat produce grown with sea minerals to get the benefits of sea minerals! We have three health supplements available: Ionic Sea Minerals, which is a concentrated, low-sodium sea mineral liquid whose nutrients are readily available to the body. We also offer Ionic Sea Minerals in powdered capsule and scoopable forms. Third, we have Ocean Treasure, a sea vegetable/sea mineral blend in capsule form. We also sell SeaBoost Cream, a topical balm containing Ionic Sea Minerals. Call 888-421-5071 to learn more, or go to [www.Max-Well.net](http://www.Max-Well.net).*



## Plant Diseases

### Pg. 40 Peach Trees, Curly Leaf Virus

A plot containing four 12-foot-high peach trees located approximately 20 feet from one another were selected to begin the experimental process of determining the effects of our fertilization process and resulting resistance to disease.

The first and third peach trees were designated for experimental tests and were treated with 60 cc of sea water per square foot from the base of the trees to the edge of the foliage to cover the main areas of nutrition. The second and fourth trees were designated the control group and did not receive application.

We made the initial application of fertilizer in March before the trees started to bud and around the first of May all four trees were sprayed with "Curly Leaf" virus. The experimental trees remained free of the virus and enjoyed normal fruit yields. The control trees both contracted "Curly Leaf" virus and their peach yield was sharply reduced from the norm.



The observation period for the test lasted three years, although spraying with the virus took place only in the first year. The control trees contracted "Curly Leaf" each year and finally died, while the experimental trees retained resistance throughout the three-year test period and provided normal yields each year.

### Pg. 41 Turnips, Center Rot

Turnips were planted in a plot of soil designated half control and half experimental. The experimental section of the plot was fertilized with 600 cc of sea water per square foot of soil after a staphylococcus bacteria associated with "center rot" in turnips had been mixed in the soil of the entire plot.

After the turnips had sprouted and the leaves appeared above the soil line, the leaves of both the control and experimental turnips were sprayed with the same bacteria. All of the experimental turnips grew to normal, healthy turnips without evidence of "center rot" while the control turnips contracted staphylococcus "center rot" and died.

### Pg. 42 Tomatoes, Mosaic Virus

Tobacco Mosaic Virus, lethal to tomato plants, was selected as the exposure disease and all plants were sprayed. As a result, the experimental plants did not contract the disease while the control tomato plants died of the Tobacco Mosaic Virus.

### Pg. 42 Tomatoes, Heavy Blight

Tomato experiments were conducted in gardens in northern Illinois. Here the experimental plots were fertilized with 2,200 pounds of sea solids while the control plots were administered the traditional fertilizing applications. The control plots indicated heavy blight from fungus; the experimental tomatoes that had been fertilized with sea solids were blight free.



To see more of Dr. Murray's research, you may purchase a copy of Sea Energy Agriculture at the AcresUSA bookstore: 1-800-355-5313.

*Please note, Dr. Murray's opinions, assumptions and conclusions are the result of this preliminary research and are not intended to be accepted as conclusive, and in no way should it be construed to make a claim for better health or concrete advances in disease prevention and/or treatment. Dr. Murray's book is presented in the interest of science to stimulate further research which may one day be conclusive.*

### **An Observation by Dr. Murray**

Pg. 1 "Life is electrical. Each cell is a little battery. It puts out a current. Deprived of this function because of nutrient shortfall or marked imbalance, the cell dies and deprives living tissue of its service."

We want to keep our "batteries" fully charged and give our bodies the nutrients they need. I mentioned above that we have health supplements available. Another good option is to use some of our MycorrPlus on your farm or garden.

GroPal sea mineral concentrate is a key ingredient in MycorrPlus. Close to 99% of the sodium has been removed during evaporation, making GroPal a wonderful low-sodium source of minerals and trace minerals.

GroPal helps to supply soil and plants with the full buffet of minerals found in the ocean, for healthier plants and animals, and a healthier you! Since concentrated sea minerals are a main ingredient in MycorrPlus, people are seeing many of the benefits that Dr. Maynard Murray saw when fertilizing with sea solids!

If you haven't already tried MycorrPlus, please see your MycorrPlus dealer for more information. You may contact us to find out if there is a dealer in your area. Another option is that you can work directly with AG-USA (P.O. Box 73019, Newnan, GA 30271, (888) 588-3139, [www.AG-USA.net](http://www.AG-USA.net)). If this is your choice, please contact us and request a free information packet. MycorrPlus helps to greatly increase the nutrient density in crops, which in turn makes a real difference in animal and human health.

## ***Frequently Asked Questions about Ionic Sea Minerals***

### **Q: Should I dilute the liquid Ionic Sea Minerals before taking it?**

A: Absolutely. Always dilute Ionic Sea Minerals, as at full strength it can cause burning.

### **Q: Should I take the Ionic Sea Minerals with food or without food?**

A: When you first start, it's good to take it with food, because it can make the stomach queasy. Start with half a serving (1/2 teaspoon), diluted in your preferred beverage. After a few days your body starts becoming acclimated to it. As you acclimate to the taste, you can move up to the full serving of a teaspoon in 16 oz. of liquid every day. I don't even notice the taste. But for someone just starting, one teaspoon can cause a gag reflex. You can take it with chocolate milk, or with carrot or grape juice, which are the big three to help cover the taste. Now, lemonade actually works the best, but it takes a quart of lemonade. The sea minerals mellow the taste of lemonade and make it a little bit less tart.

### **Q: Can I fill my own capsules with the liquid Ionic Sea Minerals so that it tastes better?**

A: You can take the liquid ISM in a capsule, but you must fill the capsule and take it immediately. We can't fill up a capsule with the liquid ISM ahead of time because it will dissolve the capsule.

### **Q: When do I take Ionic Sea Minerals, morning or night?**

A: It is best to take it when it will best assist your body's elimination patterns. Each person should see what works best for them.

### **Q: Can children take Ionic Sea Minerals?**

A: Yes. Babies and children under 25 lbs. may take the Ionic Sea Minerals liquid at a rate of 1 drop per every four lbs. of body weight. For instance, a 36 lb. child would take 9 drops. Remember to dilute the liquid according to the instructions on the label. Children weighing 25 lbs. or more can take 1/8 teaspoon of liquid for every 25 lbs. of body weight, but less if this loosens bowel movements too much. Ionic Sea Mineral Powder capsules are safe for kids who are old enough to swallow pills. The suggested daily serving for children is 1 capsule for every 40 to 60 lbs. of body weight. Babies and children under 25 lbs. may take the Ionic Sea Mineral Scoopable Powder at 1/64 tsp. per every four lbs. of body weight. Children weighing 25 lbs. or more can take 1/8 scoop (1/16 tsp.) of powder for every 25 lbs. of body weight, but less if this loosens bowel movements too much. Remember to dissolve the powder in liquid according to the instructions on the label.

### **Q: Can pregnant or nursing mothers take Ionic Sea Minerals?**

A: Many of the trace minerals in Ionic Sea Minerals are a wonderful support for mother and baby. While there are no known reasons why it can't be taken during pregnancy or lactation, pregnant and nursing mothers should always consult their practitioners.

### **Q: What's the difference between Ocean Treasure and Ionic Sea Minerals?**

A: Liquid Ionic Sea Minerals is 100 gallons of Australia ocean water evaporated down to 1-gallon. It is very heavy in trace minerals with very little of the sodium remaining. The Ocean Treasure is nine varieties of sea vegetables, grown in that perfect mineral environment of the ocean, that have hundreds of phytonutrients that are not in what we normally eat, unless it's grown with sea minerals. If 4 Ocean Treasure capsules are taken per day, then 1/10 of a teaspoon of Ionic Sea Minerals is consumed, which is not a lot, but it does have an effect. There are trace minerals in Ocean Treasure's sea vegetables, but not even close to the amount that is in the Ionic Sea Minerals.

### **Q: Should I take both Ionic Sea Minerals and Ocean Treasure? What if I can only afford to take one?**

A: It's always a good idea to take both. They work together. The sea minerals give a strong presence of all the trace minerals that are lacking in our foods. Ocean Treasure gives us the hundreds of phytonutrients that are amazing for the body. If someone can't take both, or can't afford both, then I recommend taking Ocean Treasure. If healthy elimination is the main goal, though, then I recommend taking Ionic Sea Minerals.

### **Q: Should I take the Ionic Sea Minerals and Ocean Treasure at the same time or not?**

A: You can take them together or separately.

# SeaBoost Cream

## *Why It Is So Special*

There is nothing on the market like SeaBoost Cream. This balm was crafted for the purpose of bringing rejuvenation and restoration to the largest organ of the body... your skin. It is packaged in special Miron Glass, which enhances energy. You will want to re-use the jar when the cream is finished!



Made with rich, raw ingredients from our earth, SeaBoost Cream is 100% natural with ABSOLUTELY NO TOXIC CHEMICALS, FILLERS OR BINDERS. Petroleum will not be found in this jar, nor will any harmful preservatives, parabens, sulfates, artificial colors, artificial fragrances, SLS or harsh chemicals of any kind. This means SeaBoost Cream is safe for even the most sensitive skin.

What can SeaBoost Cream be used for? SeaBoost Cream promotes the overall wellness of our skin, and the herbs used in our formulation are known for soothing inflammation, irritation, and for nourishing the skin. Several of these herbs also have antimicrobial and anti-fungal properties, which you can read about below. And a jar lasts a long time! (Note: SeaBoost Cream should not be used for eczema, or any weeping skin condition.)

### **How to Use:**

Apply a small amount to the desired area and gently rub in. Best applied daily, or morning and night. Be aware that SeaBoost Cream may sting if applied to broken skin. Our balm has no added perfumes and possesses a natural, unrefined earthy scent. The cream is extremely concentrated - a little will go a long way!

SeaBoost Cream has a thick, oil-rich texture which is semi-firm when scooped from the jar, but then gradually melts into the skin. Be careful not to get it in the eyes.

### **SeaBoost Cream Ingredients**

Ingredients include sea minerals, olive oil, coconut oil, argon oil, macadamia oil, jojoba oil, avocado oil, beeswax and sea collagen, plus supa yew, papaya, sheep sorrel, coleus amboinicus, stinging nettle, pacific yew and nasturtium. All of these ingredients are listed below, along with benefits they are renowned for.

Sea Minerals is pure, concentrated ocean water from the shores of Queensland, Australia. We take 100 gallons of pure Australian ocean water and evaporate it down to a gallon, which yields a low-sodium, ultra-dense mineral and trace mineral solution. Our concentrated sea minerals ingredient is packed with all 76 naturally occurring minerals found in ocean water. These minerals are micronutrients which have been known to help nourish the skin.

Olive Oil was originally discovered 5,000 years ago and was used by the Egyptians, Phoenicians and Greeks for its high levels of antioxidants. Bursting with vitamin E, it is a super weapon against free radicals. It promotes a radiant, smooth complexion while encouraging an increase in skin elasticity. The ancients knew its beauty secret; enjoy this ageless experience through our cream.

Coconut Oil may be linked to some potential skin benefits, including reducing inflammation, keeping skin moisturized and helping to heal wounds. The medium-chain fatty acids found in coconut oil also possess antimicrobial properties that can help treat acne and protect the skin from harmful bacteria.

Argan Oil protects from sun damage and moisturizes skin. Historically, argan oil has been used to treat a number of skin conditions, including acne and infections, and has been known to improve wound healing. It also has been shown to soothe atopic dermatitis, and help prevent premature aging of the skin.

Macadamia Oil is a lightweight oil that is well absorbed without leaving a greasy feeling. It's high in monounsaturated fatty acids, including Oleic Acid (Omega 9), which are very moisturizing, regenerating and softening to the skin. These fatty acids also have anti-inflammatory properties.

Jojoba Oil is known to possess anti-inflammatory properties which help to tame chaffing and chapping, reduce redness caused by dryness, ease the effects of rosacea, and keep skin calm and comfortable. The vitamin E and B-complex vitamins in the Jojoba oil may help in skin repair and damage control.

Avocado Oil calms itchy skin and heals and replenishes chapped and dry skin. As it hydrates and moisturizes, it shields the skin from ultraviolet radiation.

Beeswax carries antiviral, anti-inflammatory, and antibacterial properties that are essential in fighting chapped skin and bacterial infections that tend to affect us most in the dry, winter months. It forms a protective wall by sealing in moisture in our skin without smothering and clogging up the pores.

Sea Collagen may increase type 1 collagen levels that can help your skin look firmer, increase smoothness, and help skin cells keep renewing and repairing normally. It may improve wound healing and help with scars, rashes and burns.

Supa Yew is a blend of sea minerals and hand-selected herbs. These herbs have been preserved without the use of heat to maintain their benefits and are high in antioxidants and powerful against free radicals.

Papaya is full of antioxidant nutrients, including vitamin C, B vitamins, folate, beta-carotene and flavonoids, potassium and magnesium; these assist in clearing away dead skin cells, making way for new cells to come forth and revealing glowing new skin to the world.

Sheep Sorrel has been historically used to treat inflammation, scurvy and even cancer. This fantastic plant grows native in Eurasia and the British Isles and holds an abundance of disease-fighting molecules, such as vitamins A, B-Complex, C, D, E and K.

Coleus Amboinicus is a plant native to Southern and Eastern Africa. It has been used in Brazil since the early days for the treatment of skin ulcerations. In India, the juice of the leaves is used to treat skin allergies; the juice is also used to treat burns in Asian regions.

Stinging Nettle has been used for hundreds of years to treat painful muscles and joints, arthritis, gout, and anemia. It is also used for urinary tract infections, hay fever (allergic rhinitis), or in compresses or creams for treating joint pain, sprains and strains, tendonitis, and insect bites.

Pacific Yew is an evergreen timber tree of the Yew family. It has been used for its anti-cancer properties, and has also been historically used for treating severe infections, tapeworms, swollen tonsils, seizures, muscle and joint pain, urinary tract conditions, and liver conditions.

Nasturtium is a genus of roughly 80 species of annual and perennial herbaceous flowering plants. Both the leaves and petals of the nasturtium plant are packed with nutrition, containing high levels of vitamin C. It has been shown to improve the immune system; tackling sore throats, coughs, and colds, as well as bacterial and fungal infections.

### **Nourish Your Skin with SeaBoost Cream**

At Max-Well, we believe that God truly desires us to live a healthy life. He has made available to us many things to help satisfy the needs of the body. SeaBoost Cream is a sampling of some of the wonderful nutrients God has made. It softens and nourishes the skin, leaving the body to do what it does so well, to heal itself. SeaBoost Cream contains seven herbs and other ingredients, whose potency has been locked in through a proprietary process. We invite you to experience SeaBoost Cream for yourself.

## ***Frequently Asked Questions about SeaBoost Cream***

**Q: What are some skin conditions which SeaBoost Cream has helped?**

A: As SeaBoost Cream is not a medication, we cannot claim to treat or cure any disease or condition. The cream contains several ingredients known for their anti-inflammatory, antiviral, and antibacterial properties, and thus may support the skin in repairing several different ailments.

**Q: When Should SeaBoost Cream not be used?**

A: Do not use it for conditions where the skin is already weeping or too moist. The skin cannot dry out with it. The cream will seal in moisture and could make those conditions worse. For example, it makes eczema worse. Do not use in cases of hives. We always encourage you to try the product on a small patch of skin before beginning full use of the product if sensitivity is a concern.

**Q: Can SeaBoost Cream be used on burns?**

A: SeaBoost Cream may help to soothe burns, as well as reduce the scars from burns. We always encourage you to try the product on a small patch of skin before beginning full use of the product if sensitivity is a concern.

**Q: Can SeaBoost Cream be used with open wounds?**

A: We do not recommend using it with open wounds. But, if the cream gets into an open wound, it will sting (and may also assist in repair).

# Introducing our Full Spa Experience

We are proud to present our spa skin care line: Soothing Sea Soak, Whipped Rice & Coconut Scrub, and Max-Well's acclaimed SeaBoost Cream. These luxuriously rich products will give your skin a royal experience and, in the comfort and safety of your own home.

Our company is passionate about bringing natural, holistic health and wellness to our modern world. We truly believe in the all-encompassing health and goodness that sea minerals bring to the body. It's for this reason that they are at the heart of every product we make. Our sea minerals are 100 times more potent than those found in the sea. Not only that, but most of the sodium has precipitated out during evaporation, leaving behind a very low-sodium, ultra-dense trace mineral solution.

## SOAK

*Soothing Sea Soak*



## EXFOLIATE

*Whipped Rice & Coconut Scrub*



## MOISTURIZE

*SeaBoost Cream*



Begin your luxurious skin treatment by drawing a warm bath. Add one half cup to a cup of our [Soothing Sea Soak](#) to your water and feel worries melt away. Enjoy the warm scents of vanilla, almond and honey in Max-Well's original formula, or the herbal benefits of our six Soothing Sea Soak herbal varieties.

As you soak, it's time to exfoliate the day away. Our [Whipped Rice & Coconut Scrub](#) was formulated by bringing together the ancient wonder of rice flour from Asia, the nourishing balm of coconut oil from the tropics, and our acclaimed sea minerals fresh from the Australian ocean. This combination offers a royal treatment for tired, dry skin, leaving it exfoliated, clean and soft.

Pro Tip: For the icing on the cake, now apply a tiny amount of our intense [SeaBoost Cream](#), an exotic blend of sea minerals, 6 oils including olive oil, as well as sea collagen, papaya, beeswax and many more enriching ingredients. This blend has been known to soften and firm skin, helping to minimize fine lines and wrinkles. Our cream is so potent, a light film of it over the skin is plenty to moisturize your skin and help it thrive. It is not just for pampering, though! Read all about its health benefits starting on pg. 26.



# Max-Well's

## *Soothing Sea Soak*

### Original Formula



Our Soothing Sea Soak was created for a luxurious bath experience. It contains a blend of Dead Sea salt, Epsom salt, Ionic Sea Minerals, oat flour, rice flour, milk powder, grapeseed oil and a soft touch of midnight vanilla, almond and honey. We chose these ingredients for the amazing benefits they can bring to the skin, benefits like hydration, preventing premature anti-aging, detoxing, wound healing, tension relief, and so much more.

#### **Dead Sea Salt Potential Benefits:**

- Hydrates skin
- Removes dead skin
- May help improve muscle recovery
- May promote the healing of eczema, psoriasis, and other chronic skin conditions
- Promotes healthy detoxification
- Helps to prevent premature aging of the skin

#### **Epsom Salt Potential Benefits:**

- May help relieve muscle tension throughout the body
- May help relieve headaches and migraines
- Soothes sore muscles
- Helps promote gentle detoxification

#### **Milk Powder Potential Benefits:**

- Offers a youthful glow
- Helps lighten and smooth skin
- Hydrates skin
- Helps eradicate blackheads and whiteheads

#### **Oat Flour Potential Benefits:**

- Quenches dry skin
- Relieves itchy skin
- Helps protect the skin
- Offers a deep cleansing
- Improves skin complexion

#### **Rice Flour Potential Benefits:**

- Helps prevent skin from premature aging
- Reduces UV damage
- Promotes skin lightening
- Helps lighten scarring
- Promotes wound healing

#### **Ionic Sea Minerals Potential Benefits:**

- Helps nourish skin with powerful trace minerals
- Moisturizes dry skin
- Assists the healing of skin
- Promotes a youthful glow

#### **Grapeseed Oil Potential Benefits:**

- Helps manage acne
- Protects against free radicals
- Moisturizes and balances skin
- Minimizes fine lines and wrinkles
- May help even skin tone

#### **Essential Oil Blend Potential Benefits:**

- Soothes skin
- Improves skin texture
- Acts as aromatherapy to calm the mind

Ingredients: Dead Sea salt, Epsom salt, milk powder, oat flour, rice flour, Ionic Sea Minerals, grapeseed oil, essential oil blend



# My Healthy Harbor's Soothing Sea Soak

## Herbal Blends

Available in 6 wonderful varieties, My Healthy Harbor's Soothing Sea Soak herbal blends can be purchased in either the sampler box (six 4oz. bags, one of each variety) or in 10 packs (10 x 4 oz. bags of a single variety). These amazing soaks contain herb blends that are shown to detox, soothe, remedy and so much more.

### Ingredients that Matter

Discover the ancient healing power of DEAD SEA SALT harvested from Israel's Southern Dead Sea. It detoxifies and invigorates skin.

EPSOM SALT, renowned for muscle relaxation, eases tension. DENDRITIC SALT carries extracts and oils for immersive relaxation. We have carefully selected quality EXTRACTS AND OILS to perfectly complement each soak's purpose. Our proprietary blend of IONIC SEA MINERALS supports skin health.

### Directions

Add 2-4 oz. of Soothing Sea Soak to a warm bath, foot spa, or hand soak. Soak for 15-20 minutes. Enjoy!



### Our 6 Varieties and Their Uses

<p><b>Breathe Deeply</b> Help fight congestion by opening and draining air passageways.</p> <p><b>Ingredients:</b> Dendritic Salt (Sodium Chloride), Epsom Salt (Magnesium Sulfate), Dead Sea Salt (Sodium Chloride), Sorbitan Oleate Decylglucoside Crosspolymer, Bentonite, Salix Nigra (Willow) Bark Extract, Glycerin, Schisandra Chinensis Fruit Extract, Glycyrrhiza Glabra (Licorice) Root Extract, Ionic Sea Minerals, Lecithin, Helianthus Annuus (Sunflower) Seed Oil, Eucalyptus Globulus Leaf Oil, Verbascum Thapsus Leaf Powder, Fragrance (Parfum), Achillea Millefolium Flower Powder, Plantago Major Leaf Powder, Abies Sibirica Oil, Lavandula Angustifolia (Lavender) Oil, Commiphora Myrrha Oil, Mentha Piperita (Peppermint) Oil, Cupressus Sempervirens (Cypress) Oil, Myrtus Communis (Myrtle) Oil, Eucalyptus Citriodora Oil, Origanum Majorana Leaf Oil, Picea Glauca Branch/Leaf Oil, Eucalyptus Radiata Leaf/Stem Oil, Blue 1 Lake (CI 42090), Yellow 6 Lake (CI 15985)</p>	<p><b>Hawaiian Detox</b> Draw out dirt &amp; toxins while replenishing vital minerals to skin.</p> <p><b>Ingredients:</b> Dendritic Salt (Sodium Chloride), Black Hawaiian Sea Salt (Sodium Chloride, Activated Charcoal), Dead Sea Salt (Sodium Chloride), Epsom Salt (Magnesium Sulfate), Sorbitan Oleate Decylglucoside Crosspolymer, Bentonite, Ionic Sea Minerals, Lecithin, Salix Nigra (Willow) Bark Extract, Helianthus Annuus (Sunflower) Seed Oil, Burdock Root Powder (Arctium Lappa Root Extract, Maltodextrin), Silybum Marianum Seed Extract, Cnicus Benedictus Extract, Stinging Nettle Extract Powder (Urtica Dioica Leaf Extract, Dextrin), Calendula Officinalis Flower Extract, Schisandra Extract Powder (Schisandra Chinensis Fruit Extract, Dextrin), Fragrance (Parfum)</p>	<p><b>Soft &amp; Sensitive</b> Comfort skin without fragrances or dyes.</p> <p><b>Ingredients:</b> Epsom Salt (Magnesium Sulfate), Dead Sea Salt (Sodium Chloride), Dendritic Salt (Sodium Chloride), Sorbitan Oleate Decylglucoside Crosspolymer, Bentonite, Salix Nigra (Willow) Bark Extract, Ionic Sea Minerals Helianthus Annuus (Sunflower) Seed Oil, Dandelion Root Extract Powder (Taraxacum Officinale [Dandelion] Root Extract, Dextrin), Red Clover Extract Powder (Trifolium Pratense [Clover] Flower Extract, Dextrin), Kava Kava Extract (Piper Methysticum Root Extract, Glycerin, Ethyl Alcohol), Borage Officinalis Seed Oil, Valerian Extract (Valeriana Officinalis Root Extract, Glycerin, Aqua, Potassium Sorbate), Rosemary Extract Powder (Rosmarinus Officinalis [Rosemary] Leaf Extract, Dextrin), Chamomilla Recutita (Matricaria) Flower Extract</p>	<p><b>Stress Relief</b> Assist in relieving an anxious mind.</p> <p><b>Ingredients:</b> Dendritic Salt (Sodium Chloride), Epsom Salt (Magnesium Sulfate), Dead Sea Salt (Sodium Chloride), Sorbitan Oleate Decylglucoside Crosspolymer, Bentonite, Salix Nigra (Willow) Bark Extract, Glycerin, Schisandra Chinensis Fruit Extract, Glycyrrhiza Glabra (Licorice) Root Extract, Ionic Sea Minerals, Lecithin, Helianthus Annuus (Sunflower) Seed Oil, Eucalyptus Globulus Leaf Oil, Verbascum Thapsus Leaf Powder, Fragrance (Parfum), Achillea Millefolium Flower Powder, Plantago Major Leaf Powder, Abies Sibirica Oil, Lavandula Angustifolia (Lavender) Oil, Commiphora Myrrha Oil, Mentha Piperita (Peppermint) Oil, Cupressus Sempervirens (Cypress) Oil, Myrtus Communis (Myrtle) Oil, Eucalyptus Citriodora Oil, Origanum Majorana Leaf Oil, Picea Glauca Branch/Leaf Oil, Eucalyptus Radiata Leaf/Stem Oil, Blue 1 Lake (CI 42090), Yellow 6 Lake (CI 15985)</p>	<p><b>Sweet Dreams</b> Calm the mind and relax the body for much needed deep and restful sleep.</p> <p><b>Ingredients:</b> Epsom Salt (Magnesium Sulfate), Dead Sea Salt (Sodium Chloride), Dendritic Salt (Sodium Chloride), Glycerin, Sorbitan Oleate Decylglucoside Crosspolymer, Bentonite, Salix Nigra (Willow) Bark Extract, Helianthus Annuus (Sunflower) Seed Oil, Ionic Sea Minerals, Lecithin, Humulus Lupulus (Hops) Extract, Valeriana Officinalis Root Extract, Passiflora Incarnata Flower Extract, Cimicifuga Racemosa Root Extract, Ashwagandha Extract Powder (Withania Somnifera Root Extract, Maltodextrin), Hibiscus Sabdariffa Flower Extract, Sambucus Nigra Fruit Extract, Chamomilla Recutita (Matricaria) Flower Extract, Lemon Balm Extract Powder (Melissa Officinalis Leaf Extract, Dextrin), Red 27 (CI 45410), Blue 1 Lake (CI 42090), Fragrance (Parfum)</p>	<p><b>Total Comfort</b> Soothe aches and pains, properly relaxing muscles.</p> <p><b>Ingredients:</b> Epsom Salt (Magnesium Sulfate), Dead Sea Salt (Sodium Chloride), Dendritic Salt (Sodium Chloride), Sorbitan Oleate Decylglucoside Crosspolymer, Bentonite, Salix Nigra (Willow) Bark Extract, Uncaria Tomentosa Extract, Lecithin, Ionic Sea Minerals, Glycerin, Helianthus Annuus (Sunflower) Seed Oil, Tripterygium Wilfordii Root Extract, Salix Alba (Willow) Bark Extract, Ginger Root Extract Powder (Zingiber Officinale [Ginger] Root Extract, Maltodextrin), Fragrance (Parfum), Blue 1 Lake (CI 42090)</p>
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## My Healthy Harbor's

# Whipped Rice & Coconut Scrub

Indulge and enjoy invigorating exfoliation and cleansing with our Whipped Rice & Coconut Scrub! Purchase in a 6 oz. jar or in our sampler box, offering 1 oz. of each of the six classic varieties.

Our Whipped Rice & Coconut Scrub is a fabulous, all-natural exfoliator made with rice flour, soap butter and coconut oil, all whipped together. It also includes, of course, our acclaimed Ionic Sea Minerals. Not only does the texture feel like whipped frosting, but the benefits of rice flour and Ionic Sea Minerals can assist in healing skin as well. Use our whipped scrubs to clean, polish and rejuvenate your skin, nourishing it and bringing it back to a supple form!

### Rice Flour Potential Benefits:

- May help smooth fine lines and wrinkles
- May help even skin tone
- May help diminish blemishes
- May help control excess oil
- May improve skin brightness

### Soap Butter Potential Benefits:

- Made with mild surfactants that are gentle and forgiving to sensitive skin
- Contains glycerin for a moisturizing and luxurious cleansing experience
- Paraben and propylene glycol free and environmentally friendly

### Coconut Oil Potential Benefits:

- Moisturizes dry skin naturally
- Reduces skin inflammation
- Promotes wound healing
- Contains anti-viral, anti-bacterial & anti-fungal properties

### Ionic Sea Minerals Potential Benefits:

- Helps nourish skin with powerful trace minerals
- Moisturizes dry skin
- Assists the healing of skin
- Promotes a youthful glow



### Our 6 Scents

Coconut Cream, Fragrance Free, Fresh Mint, Lovely Lavender, Warm Coffee, Strawberry Dreams  
Not sure which to get? Try our [Scrub Sampler](#) which includes a one-ounce sample of each.

## ***Frequently Asked Questions about the Spa Line***

**Q: Are there any chemicals or preservatives in your spa products?**

A: All Max-Well products are free of harmful chemicals. There is a small amount of 100% natural preservative to help keep products fresh when exposed to ongoing moisture.

**Q: Do your spa products work for those with sensitive skin?**

A: Our spa products are formulated with sensitive skin in mind. Skin can be sensitive in many ways, however, and we always encourage you to try the product on a small patch of skin before beginning full use of the product if sensitivity is a concern.

**Q: Is the Whipped Rice & Coconut Scrub gentle enough to use on my face?**

A: Yes, the rice is ground to a fine powder for a gentle exfoliation process.

**Q: How often should I use the Whipped Rice & Coconut Scrub?**

A: It depends on your skin type. As a general rule, we suggest using our scrub 1-3 times per week.

**Q: Can I use your spa products if I am pregnant or nursing?**

A: There are no ingredients in our spa products that are known to cause complications for pregnant or nursing mothers. All customers should consult with their practitioner before using.

**Q: What is the shelf life of the Max-Well Spa Line?**

A: For the Soothing Sea Soaks and the Whipped Rice & Coconut Scrub, we recommend a shelf life of 2-3 months, and for the SeaBoost Cream, we recommend a shelf life of 2 years, if kept in a cool, dry place.

# Sea Minerals for Agriculture

## ***MycorrPlus – Turn Poor Soil into Great Soil***

By Paul Schneider Jr., AG-USA

Do you like success stories? According to Elaine, until June of 2016 the fields on the left and right side of the picture at the bottom of the page looked the same - just a splotch of grass here and there. John put out seed on both fields, but the soil was poor and nothing seemed to grow.

John said that in mid-June he took the cows off, then the first of July he applied MycorrPlus to the field on the left side of the picture.

John told me the following: “Before we applied the MycorrPlus you could see patches of dirt and soil, but now it is totally covered.”

“We brought the cows back onto the field on August the 15th, and during those last two months we got that tremendous amount of growth. The grass was 18” to 20” tall and was laying over.”

“We grazed the cows on that pasture into the latter part of December. We were trying to graze the pasture down so that we could over-seed, but up until the end of December we didn’t feel that we could get through the sod to plant.”

“It was remarkable the amount of growth we got in that two-month period. That was when I became a believer and thought we really had a good product.”

John also commented on how well their cows and horses look. “For the last year they have only eaten grass and hay grown with MycorrPlus.”



The left field was 18” tall, but was grazed 2 days before this picture. The left side received MycorrPlus; the right did not.

John said that before MycorrPlus, the coats of his horses had been pretty rough and dull, and their hooves were easy to crack and fracture. But now their hooves had grown and looked so much different. Elaine said that their hooves make it look as if they had been feeding them grain.



“Their coats are shinier and slicker, and they shed them a lot sooner. Their appearance has changed appreciably over what we have seen the last few years. They are just nicer to look at.”



I am sure that some of you have

read some of the research of Dr. Maynard Murray. I have his books, [Sea Energy Agriculture](#) and [Fertility from the Ocean Deep](#), both published by AcresUSA. These books quite literally changed my life.

As Dr. Murray autopsied numerous animals in the ocean, he was amazed to find that there was no disease in ocean animals, as opposed to a lot of disease in animals on land, and in lakes and streams.

Dr. Murray believed there was no disease in the ocean because of the many trace minerals in the ocean that are no longer found in our soils. In Dr. Murray’s experiments, plants fertilized with sea minerals didn’t contract certain diseases.

Animals whose feed was fertilized with sea minerals were also quite disease resistant. Just imagine if our nation would eat foods fertilized with sea minerals! I believe that these missing trace minerals are extremely important to the health of plants, animals and man. This is why selling GroPal sea minerals (which are a major component in MycorrPlus) has been my passion for many years. Could sea minerals be one reason why the livestock pictured above are so healthy?

If you haven’t already tried MycorrPlus, please contact us to find out if there is a dealer in your area or to request a free information packet. Organic? MycorrPlus-O is for you!

AG-USA, PO Box 73019, Newnan, GA 30271  
1-888-588-3139. Or learn more at: [www.AG-USA.net](http://www.AG-USA.net)  
Conquer Nature by Cooperating with it

# Max-Well Retail and Dealer Prices

*(Includes Shipping to the US)*

## Ionic Sea Mineral Powder, 120 Capsules (30-day supply)

**Retail Prices**

**1 Bottle for \$42, 3-Pack for \$123**

**Dealer Case Price**

\$521 for 18 Bottles (\$28.94 / Bottle)

## Ionic Sea Mineral Scoopable Powder (60-day supply)

**Retail Prices**

**1 Jar for \$70**

**Dealer Case Price**

\$856 for 18 Bottles (\$47.56 / Bottle)

## Ionic Sea Mineral Scoopable Powder, Sample Packet (7-day supply)

**Retail Price**

**AS ADD-ON ONLY – 1 Sample Packet for \$13**

**Dealer Case Price**

\$278 for 30 Sample Packets (\$9.27 / Packet)

## Ionic Sea Minerals, 8 oz. Bottle (45-day supply)

**Retail Prices**

**1 Bottle for \$23, 3-Pack for \$54**

**Dealer Case Price**

\$161 for 16 Bottles (\$10.06 / Bottle)

## Ionic Sea Minerals, Quart Bottle (6-month supply)

**Retail Price**

**1 Bottle for \$55**

**Dealer Case Price**

\$144 for 4 Bottles (\$36 / Bottle)

## Ionic Sea Minerals, Gallon Jug (2-year supply)

**Retail Price**

**1 Jug for \$116**

**Dealer Case Price**

\$315 for 4 Jugs (\$78.75 / Jug)

## Ocean Treasure, 180 Capsules (90-day supply)

**Retail Prices**

**1 Bottle for \$48, 3-Pack for \$141**

**Dealer Case Price**

\$392 for 15 Bottles (\$26.13 / Bottle)

## Ocean Treasure Scoopable Powder (90-day supply)

**Retail Price**

**1 Jar for \$38**

**Dealer Case Price**

\$325 for 15 Jars (\$21.67 / Jar)

## SeaBoost Cream, 1.7 oz. Jar

**Retail Price**

**1 Jar for \$33**

**Dealer Case Price**

\$293 for 12 Jars (\$24.42 / Jar)

## SeaBoost Cream, 3.4 oz. Jar

**Retail Price**

**1 Jar for \$59**

**Dealer Case Price**

\$245 for 6 Jars (\$40.83 / Jar)

## Soothing Sea Soak, 10 x 4 oz. of a Single New Herbal Variety

**Retail Price**

**10 Bags for \$43** (see varieties listed below)

**Dealer Case Price**

not offered at this time

## Soothing Sea Soak, Original Formula, 16 oz.

**Retail Price**

**1 Bag for \$18**

**Dealer Case Price**

\$102 for 10 Bags (\$10.20 / Jar)

## Whipped Rice & Coconut Scrub, 6 oz. Jar

**Retail Price**

**1 Jar for \$20**  
(see scents listed below)

**Dealer Case Price**

\$274 for 24 Jars (\$11.42 / Jar)  
(can be all one scent or mixed case of scents)

## Sampler Packs

### Soothing Sea Soak Sampler, 6 x 4 oz. Bags of New Varieties

*Breathe Deeply, Hawaiian Detox, Soft & Sensitive, Stress Relief, Sweet Dreams, Total Comfort*

**Retail Price**

**6 Bags for \$34**

**Dealer Case Price**

not offered at this time

### Whipped Rice & Coconut Scrub Sampler, 6 x 1 oz. Jars (year-round)

*Coconut Cream, Fragrance Free, Fresh Mint, Lovely Lavender, Strawberry Dreams, Warm Coffee*

**Retail Price**

**6 Jars for \$21**

**Dealer Case Price**

not offered at this time

***Want another discount? Order 3 to 5 cases of the products listed above to receive one of the following:  
3 case order = \$20 discount, 4 case order = \$35 discount, 5 case order = \$50 discount***

### Max-Well Sampler Pack

**Retail Price**

**1 Pack for \$52**

**Dealer Case Price**

\$635 for 18 Packs (\$35.28 / Pack)

Each Max-Well Sampler Pack has an information pack, 60 Ocean Treasure capsules, 4 oz. liquid Ionic Sea Minerals, 30 Ionic Sea Mineral Powder capsules, ½ oz. SeaBoost Cream, and 1 oz. bottle of our multi-purpose SAS soap.

## Max-Well Return Policy

*At Max-Well, we offer a satisfaction guarantee.*

If, for any reason, you are not fully satisfied with one of the following products, we will gladly refund the full purchase price:

Ionic Sea Mineral Powder, 120 capsules  
Ionic Sea Mineral Scoopable Powder, 60 servings  
Ionic Sea Minerals, 8 oz.  
Max-Well Sampler Pack  
Ocean Treasure, 180 capsules  
Ocean Treasure Scoopable Powder, 90 servings  
SeaBoost Cream, 1.7 oz. or 3.4 oz.  
Soothing Sea Soak Sampler (6 x 4 oz.)  
Soothing Sea Soak (10 x 4 oz.)  
Soothing Sea Soak, 16 oz.  
Whipped Rice & Coconut Scrub Sampler (6 x 1 oz.)  
Whipped Rice & Coconut Scrub, 6 oz.

- Please talk with us if you are wanting to return a product not listed here.
- You do not have to return the product(s) listed above. We will simply send you a refund and make a note in our records which product(s) you were not satisfied with, so we know not to sell you the same product(s) in the future.
- When you are purchasing a product for the first time, we suggest trying it first before ordering in bulk. If you decide to purchase a 3-pack, quart, gallon or dealer case of any product, you are committing to that purchase. We do not offer refunds for bulk purchases.

In the unlikely case that any product you receive is defective, please let us know. You can choose to either be refunded for the defective product or have us send a replacement. We will decide on a case-by-case basis if it's worth it to have the product returned. If we ask for it to be returned, we will either send you a shipping label you can use or offer to reimburse you for the return shipping cost, depending on the circumstances.

# Max-Well<sup>TM</sup>

Unleash the Goodness of the Sea!

PO Box 73019  
Newnan, GA 30271  
(888) 421-5071  
[www.Max-Well.net](http://www.Max-Well.net)