

# How to Use Our Spa Products

For head to toe goodness!

## STEP 1



### SOOTHING SEA SOAK

Fill a warm bath and add 1/2 - 1 cup of Soothing Sea Soak to the water. Lay back and relax as the aromas fill the air. Soak for 15 minutes or longer to promote detoxification and enjoy other enriching benefits. Enjoy soft, supple, healthy skin!



## STEP 2



### WHIPPED RICE & COCONUT SCRUB

Scoop up a small amount of whipped scrub, add water and massage onto skin until a gentle lather forms. Proceed to gently scrub for 30 seconds to a minute. Our scrub will both exfoliate and gently cleanse the skin. Rinse with warm water.



## STEP 3



### SEABOOST CREAM

If you have not already tried our SeaBoost Cream, we highly recommend it as a nourishing moisturizer. You can apply it on its own to clean, dry skin; or add it as a fourth step in your spa process. This can be perfect for a luxurious overnight treatment!



## CONTACT US

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My Healthy Harbor is a new brand under Max-Well



Whipped

RICE & COCONUT SCRUB

with Ionic Sea Minerals!

## Sampler Box



# WHAT'S INSIDE

- Organic rice flour
- Soap butter
- Organic coconut oil
- Ionic Sea Minerals
- Essential oil blends
- Natural mica tint

## Sampler Includes

1oz. each of:

Coconut Cream  
Fragrance Free  
Fresh Mint  
Lovely Lavender  
Strawberry Dreams  
Warm Coffee



## Whipped Rice & Coconut Scrub SAMPLER



Shipping included in price  
ON ALL MAX-WELL PRODUCTS!

## Try Our Other Luxurious Spa Items

# POTENTIAL BENEFITS

## RICE FLOUR

- Smooths fine lines and wrinkles
- Promotes even skin tone
- May help reduce blemishes



## SOAP BUTTER

- Gentle cleansing for sensitive skin
- Paraben and propylene glycol free and environmentally friendly

## COCONUT OIL

- Moisturizes dry skin naturally
- Promotes wound healing
- Contains anti-viral, anti-bacterial & anti-fungal properties

## IONIC SEA MINERALS

- Nourishes skin with powerful trace minerals
- Moisturizes dry skin
- Promotes the healing of skin

Scrub Sampler  
Six - 1oz. jars



SeaBoost  
Cream - 1.7oz. or 3.4oz.



Original Formula  
Soothing Sea Soak 16oz.



Soak Sampler  
Six - 4oz. bags



**Warning:** For external use only. Avoid contact with eyes. Discontinue use if irritation occurs. Keep out of reach of children.

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